	Lowestoft Score Firstname	13/09/2015 Lastname	Date Of Birth	Scorer: Gender	Richard Aukland - richard	-		m / 07906 Category	094578 Time	Overall	RANKS Male	Female
No	Filsulaine	Lastilaille	Date Of Birth	Gender	Anniated Club/Tearn Name	Age Race Day	⊏ rr	Calegory	Time	Rank	Rank	Rank
						(Automate	С				. to int	. to int
		-				d)	h					
212		Skipper Eccles	25/03/1988 22/03/1980		Rock Estate Runners and Riders Norfolk Gazelles AC	27 35		Senior Senior	00:25:42 00:25:45			
119		Oldman	07/11/1996		Bungay Black Dog RC	18		Senior	00:25:45			
		Chenery	28/09/1986		Ipswich Jaffa RC	28		Senior	00:27:04			
		Oliver	20/11/1995	Male	City Of Norwich AC	19		Senior	00:27:05			
	,	Harris	22/06/1977		Team Harris	38		Senior	00:27:20			
		High	22/02/1986		Guildford and Godalming AC Lowestoft Road Runners	29 45		Senior	00:27:26			
127		Prewer Lee	28/01/1970 10/09/1986		City Of Norwich AC	45 29		Vet 45 Senior	00:27:29 00:27:41	8		
		Wade	25/02/1974		Bure Valley Harriers	41		Vet 40	00:28:44			
		Balfe	15/04/1981		City Of Norwich AC	34		Senior	00:29:26			
		Haylock	07/06/1972		Lowestoft Road Runners	43		Vet 40	00:29:30			
		Butcher	23/02/1984		Rock Estate runners and riders	31		Senior	00:29:54			
		Horlock Nicholson	20/04/1974 10/04/1985		Norwich Road Runners Waveney Valley AC	41 30		Vet 40 Senior	00:30:03 00:30:03			1
		Mower	10/04/1985		Saint Edmund Pacers	40	-	Vet 40	00:30:03	14		
		Richards	15/06/1985		Rock Estate Runners and Riders	30		Senior	00:30:15			
		Jones	26/05/1990	Male	Unaffiliated	25		Senior	00:30:24	18	17	,
		Drake	02/11/1978		Rock Estate runners and riders	36		Senior	00:30:26			
		Scott	21/05/1976		Rock Estate Runners and Riders	39		Senior	00:30:53			
		Butcher Manning	27/01/1982 07/03/1966		Lowestoft Road Runners Great Yarmouth Road Runners	33 49		Senior Vet 45	00:30:55 00:30:59			
105		Lingwood	06/03/1986		Rock Estate Runners and Riders	49		Senior	00:30:59			
2	Jo	Andrews	26/08/1973		Bungay Black Dog RC	42		Vet 40	00:31:04			2
172	Christoper	Withey	21/02/1978	Male	Rock Estate Runners and Riders	37		Senior	00:31:24	25	23	3
		Collins	28/12/1980		Unaffiliated	34		Senior	00:31:38			
		Ouaddane Cook	31/03/1965		Tri-Anglia Triathlon Club Unaffiliated	50 36		Vet 50	00:31:42			
150		Stammars	16/02/1979 03/05/1977		Unaffiliated	30		Senior Senior	00:31:48 00:31:48			
		Duffield	18/04/1973		Great Yarmouth Road Runners	42		Vet 40	00:32:01	30		
		Baxter	02/08/1957	Male	Unaffiliated	58		Vet 55	00:32:03	31	29)
		Turner	06/08/1968		Unaffiliated	47		Vet 45	00:32:06			
		Moore	28/05/1974		Unaffiliated	41		Vet 40	00:32:34			
125 47		Porter Ellis	26/07/1967 01/12/1976		Coltishall Jaguars RC Unaffiliated	48	-	Vet 45 Senior	00:32:36 00:32:40			
		Sevinnol	03/09/1978		Unaffiliated	37		Senior	00:32:40			
		Hayward	14/07/1978		Rock Estate runners and riders	37		Senior	00:32:50			
37		Davey	29/05/1971	Male	Sudbury Joggers	44		Vet 40	00:32:55			
		Hunt	06/09/1980		Unaffiliated	35		Senior	00:33:12			
	U	Cross	06/10/1998		Unaffiliated	16 58		Senior	00:33:15			
	U U	Herrod Mountain	20/11/1956 20/08/1972		Waveney Valley AC Great Yarmouth Road Runners	58 43		Vet 55 Vet 40	00:33:17 00:33:25			
		Farr	07/05/1981		Unaffiliated	34		Senior	00:33:29			
		Lambert	22/08/1979		Coltishall Jaguars RC	36		Senior	00:33:33			
		Neeve	04/06/1981		Bungay Black Dog RC	34		Senior	00:33:35			
		Carruthers	20/04/1969		Rock Estate runners and riders	46		Vet 45	00:33:36			
		Buckoke Freeman	13/09/1974 21/12/1958		Unaffiliated Waveney Valley AC	41 56		Vet 40 Vet 55	00:33:38 00:33:39			
192		Wicks	27/11/1991		Unaffiliated	23		Senior	00:33:42			3
		Bye	20/05/1980		Lowestoft Road Runners	35		Senior	00:33:53			
112	Tim	Moore	02/10/1979	Male	Rock Estate runners and riders	35		Senior	00:34:01	51	48	3
		Gunton	07/12/1961		Unaffiliated	53		Vet 50	00:34:02			
		Saunders	28/07/1967		Unaffiliated	48	-	Vet 45	00:34:16			
98 173		Kirk Womack	05/12/1966 16/10/1969		Unaffiliated Unaffiliated	48		Vet 45 Vet 45	00:34:20 00:34:21			
134		Rogers	31/01/1973		Bure Valley Harriers	43	-	Vet 40	00:34:21			
151	Mark	Stone	08/07/1972		Unaffiliated	43		Vet 40	00:34:28	57	54	
64	Liam	Haggar-Pietrzak	16/06/1986		Lowestoft Road Runners	29		Senior	00:34:36	58	55	
		Tuttle	05/11/1987		Unaffiliated	27		Senior	00:34:38			
		Quantrill Stubbs	21/01/1969		Waveney Valley AC Bure Valley Harriers	46		Vet 45	00:35:02 00:35:04			
155		Clements	24/09/1974 19/11/1980		Unaffiliated	40		Vet 40 Senior	00:35:04			4
		Strowlger	07/08/1982		Unaffiliated	33		Senior	00:35:10			
52	Lee	Ffrench	26/01/1969		Unaffiliated	46		Vet 45	00:35:11	64	60)
		Mower	28/10/1953		Waveney Valley AC	61		Vet 60	00:35:13			
		Meadows	20/01/1977		Lowestoft Road Runners	38		Senior	00:35:21	66		
178 199		Read Copeman	03/03/1977 04/11/1985		Unaffiliated Unaffiliated	38 29		Senior Senior	00:35:29 00:35:34			
		Lawson	14/05/1971		LCC Running Club	29 44		Vet 40	00:35:34			
		Chenery	15/08/1959		Ipswich Jaffa RC	56		Vet 55	00:35:44			
60	Paul	Grant	28/02/1967	Male	Waveney Valley AC	48		Vet 45	00:35:46	71	67	
122		Pavey	20/04/1981		Unaffiliated	34		Senior	00:35:48			
		Meadows	09/04/1989		Unaffiliated	26		Senior	00:36:02			
1 182		Amer	13/05/1982		Unaffiliated	33		Senior	00:36:04			
		Jordan Bailey	22/02/1980 14/12/1968		Birds Eye Bungay Black Dog RC	35 46		Senior Vet 45	00:36:05 00:36:09			1
		Cox	18/10/1971		Bungay Black Dog RC	40		Vet 40	00:36:12			6
		Smith	08/03/1974		Waveney Valley AC	41		Vet 40 Vet 40	00:36:12			
		Spencer	17/01/1969		Bungay Black Dog RC	46		Vet 45	00:36:17			

407	David	N 4 -) A (111	00/40/4075	Mala	Lie - ffiliste d	20	0	- 00:00:40		74	
	David	McWilliam	26/10/1975		Unaffiliated Unaffiliated	39	Senio			74	
	Billy	Underdown Kenworthy	03/07/1985		Unaffiliated	30 47	Senio			75 76	
	Stephen		17/06/1968				Vet 4				
	Rob	Knights	20/11/1979		Waveney Valley AC	35	Senio			77	
	William	Webb	04/09/1999		Unaffiliated	16	Senio			78	
	Peter	Edmunds	30/03/1949		Bungay Black Dog RC	66	Vet 6			79	
	Gary	Tahmasbi	13/11/1981		Unaffiliated	33	Senio			80	
	Allan	Ing	11/03/1955		Lowestoft Road Runners	60	Vet 6			81	
	John	Bone	12/08/1946		Great Yarmouth Road Runners	69	Vet 6			82	
	James	Chaplin €" Madde	17/10/1989		Unaffiliated	25	Senio			83	
29	Richard	Chilvers	09/11/1967	Male	Unaffiliated	47	Vet 4	5 00:36:39	9 89	83	
145	Simon	Sparkes	03/10/1972	Male	Bungay Black Dog RC	42	Vet 4	0 00:36:43	3 91	85	
70	lan	Harrison	04/08/1976		Unaffiliated	39	Senio	or 00:36:51	1 92	86	
	Kevin	Hardingham	25/01/1958		Bure Valley Harriers	57	Vet 5			87	
	Robert	Milner	24/08/1978		Waveney Valley AC	37	Senio			88	
	Ann	Harris	09/12/1976		Team Harris	38	Senio			00	
-	Leon	Gooch	25/02/1980		Unaffiliated	35	Senio			89	
	Glenn	Doy	22/01/1956		Unaffiliated	59	Vet 5			90	
	Imogen	Snelling	20/04/1975		Bungay Black Dog RC	40	Vet 4				
	Christopher	Jones	03/09/1994		Unaffiliated	21	Senio			91	
213	Hugh	Gatenby	28/02/1957	Male	Unaffiliated	58	Vet 5			92	
	Pete	Drake	10/06/1946	Male	Rock Estate Runners and Riders	69	Vet 6		5 101	93	
149	Stuart	Spurgeon	12/02/1974	Male	Unaffiliated	41	Vet 4	0 00:37:36	6 102	94	
30	Chris	Chorley	10/06/1963	Male	Bungay Black Dog RC	52	Vet 5	0 00:37:41	1 103	95	
	Markus	Wegg	02/01/1971		Lowestoft Road Runners	44	Vet 4			96	
	Richard	Hill	09/09/1974		Unaffiliated	41	Vet 4			97	
	Paul	Westgate	24/09/1957		Great Yarmouth Road Runners	57	Vet 5			98	
	Stuart	Brown	26/08/1979		Unaffiliated	36	Senio			98	
	Eirrin					46				99 100	
		Thompson	29/05/1969		Unaffiliated		Vet 4				
	Ashley	Norton	03/01/1981		Lowestoft Road Runners	34	Senio			101	
	Carl	Moore	12/01/1974		Unaffiliated	41	Vet 4			102	
	Tim	Willis	29/03/1985		LCC Running Club	30	Senio			103	
	Lynsey	Chenery	24/07/1984		Ipswich Jaffa RC	31	Senio				
	Stephen	Jeffs	13/03/1957	Male	Unaffiliated	58	Vet 5			104	
6	Chris	Beare	26/05/1972	Male	Unaffiliated	43	Vet 4	0 00:38:18	3 114	105	
32	lan	Cleminson	03/03/1966	Male	Bure Valley Harriers	49	Vet 4	5 00:38:19	9 115	106	
174	Bob	Woolnough	21/06/1958		Lowestoft Road Runners	57	Vet 5			107	
	Adrian	Hunt	11/12/1953		Bungay Black Dog RC	61	Vet 6			108	
	Paul	Harrod	30/07/1961		Waveney Valley AC	54	Vet 5			100	
	Pete	Hunt	21/08/1970		LCC Running Club	45	Vet 4			110	
	Em				Unaffiliated	31	Senio			110	1
		Day	07/08/1984								1
	Gemma	Gooch	09/05/1978		Unaffiliated	37	Senio				1
	Lewis	Foulger	18/01/1980		Unaffiliated	35	Senio			111	
	Jon	Buck	18/06/1964		Unaffiliated	51	Vet 5			112	
138	Adrian	Saunders	20/07/1972	Male	Unaffiliated	43	Vet 4	0 00:38:48	3 124	113	
190	Tamsin	Desborough	27/06/1994	Female	Bungay Black Dog RC	21	Senio	or 00:38:48	3 124		1
133	Eddie	Robson	16/06/1966	Male	Bure Valley Harriers	49	Vet 4	5 00:38:52	2 126	114	
141	Adrian	Slattery	31/07/1979	Male	Unaffiliated	36	Senio	or 00:38:52	2 126	114	
	Sarah	Jay	16/04/1966		Bure Valley Harriers	49	Vet 4				1
	Mike	Jolly	17/07/1969		Unaffiliated	46	Vet 4			116	
	Mark	Peach	26/04/1972		Great Yarmouth Road Runners	43	Vet 4			110	
			02/02/1967								
	Chris	Dye			Unaffiliated	48	Vet 4			118	
	lan	Chilley	13/06/1964		Lowestoft Road Runners	51	Vet 5			119	
	Christopher	Howard	06/05/1987		Unaffiliated	28	Senio			120	
	Rebecca	Harris	19/02/1982		Team Harris	33	Senio				1
	Daren	Goffin	19/03/1965		Unaffiliated	50	Vet 5			121	
	Carl	Hoult	19/03/1982		Unaffiliated	33	Senio			122	
39	Laura	Devereux	21/03/1972	Female	Bungay Black Dog RC	43	Vet 4	0 00:39:32	2 137		1
91	Nicola	John	21/02/1983	Female	Coltishall Jaguars RC	32	Senio	or 00:39:59	9 138		1
	Jonathan	Price	26/05/1951		Sudbury Joggers	64	Vet 6			123	
	Patrick	Larke	29/12/1956		Wymondham AC	58	Vet 5			124	
	Paul	Harvey	08/05/1960		Waveney Valley AC	55	Vet 5			125	
	lan	Harper	25/03/1962		Unaffiliated	53	Vet 5			126	
	Francesca	Turner	31/10/1994		Great Yarmouth Road Runners	20	Senio			120	1
	Alice	Kirk	01/01/1988		Bungay Black Dog RC	20	Senio			+	1
	Bobbie	Sauerzapf	15/12/1958		Bungay Black Dog RC	56	Vet 5				1
					, °					407	1
	Jonny	Burrell	14/11/1976		Salhouse Fast Lads	38	Senio			127	-
	Lorrain	Dawson	30/07/1959		Great Yarmouth Road Runners	56	Vet 5				2
	Shaun	Crowley	09/04/1960		Beccles Triathlon Club	55	Vet 5			128	
	Wojtek	Jasie	18/02/1961		Unaffiliated	54	Vet 5			129	
	Jason	Tillett	27/07/1969		Unaffiliated	46	Vet 4			130	
	Anna	Gray	18/11/1974		Bungay Black Dog RC	40	Vet 4				2
139	Mark	Sherwood	30/06/1975	Male	Chineham Park Running Club	40	Vet 4		1 152	131	
	Sherralyn	Blakely	05/04/1967	Female	Unaffiliated	48	Vet 4	5 00:41:27	7 153		2
	Stephanie	Hoyle	15/12/1965		Unaffiliated	49	Vet 4				2
81	Julie	Webster	10/08/1969		Great Yarmouth Road Runners	46	Vet 4				2
	Suzy	Knights	04/12/1982		Waveney Valley AC	32	Senio				
169		Richardson	19/06/1947		Waveney Valley AC	68	Vet 6			132	
169 193			10/00/104/			37	Senio			132	
169 193 132	Alan			Malo				00:42:07	108	1.3.3	
169 193 132 128	Alan William	Price	25/07/1978		Unaffiliated						
169 193 132 128 131	Alan William Kylie	Price Rafferty	25/07/1978 06/02/1980	Female	Waveney Valley AC	35	Senio	or 00:42:08	3 159		2
169 193 132 128 131 11	Alan William Kylie Harvey	Price Rafferty Bradley	25/07/1978 06/02/1980 03/02/1944	Female Male	Waveney Valley AC Unaffiliated	35 71	Senio Vet 6	or 00:42:08 5 00:42:10	3 159 0 160	134	2
169 193 132 128 131 11 204	Alan William Kylie Harvey Christy	Price Rafferty Bradley Bullen	25/07/1978 06/02/1980 03/02/1944 26/08/1992	Female Male Male	Waveney Valley AC Unaffiliated Unaffiliated	35 71 23	Senio Vet 6 Senio	or 00:42:08 5 00:42:10 or 00:42:16	3 159 0 160 6 161		
169 193 132 128 131 11 204 65	Alan William Kylie Harvey	Price Rafferty Bradley	25/07/1978 06/02/1980 03/02/1944	Female Male Male Female	Waveney Valley AC Unaffiliated	35 71	Senio Vet 6	or 00:42:08 5 00:42:10 or 00:42:18 or 00:42:18	3 159 0 160 6 161 3 162	134	

16 Adele	Bushell	26/12/1966	Female	Coltishall Jaguars RC	48	Vet 45	00:42:30	164		28
184 Gary	Allard	17/05/1975	Male	Unaffiliated	40	Vet 40	00:42:57	165	137	
126 Richard	Poynton	17/03/1971	Male	Unaffiliated	44	Vet 40	00:43:08	166	138	
154 Jonathan	Strowlger	04/03/1978	Male	Unaffiliated	37	Senior	00:43:18	167	139	
19 Jay	Butcher	29/09/1977		Unaffiliated	37	Senior	00:43:23	168		29
95 Roberta	Kay	21/11/1964	Female	Unaffiliated	50	Vet 50	00:43:24	169		30
107 Vanessa	May	22/10/1980		Unaffiliated	34	Senior	00:43:26	170		31
152 Steph	Strowger	03/07/1989		Lowestoft Road Runners	26	Senior	00:43:43	171		32
40 Hayley	Donnelly	02/05/1973		Unaffiliated	42	Vet 40	00:43:45	172		33
186 Andy	Smith	12/12/1969		Unaffiliated	45	Vet 45	00:44:06	173	140	
206 John	England	11/07/1947		Great Yarmouth and District AC	68	Vet 65	00:44:10	174	141	
167 Ben	Webb	05/10/1972		Unaffiliated	42	Vet 40	00:44:16	175	142	
163 Ray	Walsh	23/09/1963		THE STELLA MAN	51	Vet 50	00:44:24	176	143	
23 Sue	Cattermole	24/08/1960		Unaffiliated	55	Vet 55	00:44:34	177		34
87 David	Hutcheon	15/03/1944		Bure Valley Harriers	71	Vet 65	00:44:39	178	144	
221 Silke	Hunter	29/09/1968		Unaffiliated	46	Vet 45	00:45:11	179		35
104 Tony	Ludlam	27/12/1965		Unaffiliated	49	Vet 45	00:45:18	180	145	
180 David	Drewitt	20/06/1950		Great Yarmouth and District AC	65	Vet 65	00:45:25	181	146	
31 Stephen	Clark	13/11/1984		Unaffiliated	30	Senior	00:45:39	182	140	
4 Kevin	Barnard	28/02/1972		Unaffiliated	43	Vet 40	00:45:48	183	148	
209 Tony	Carr	15/12/1965		Birds Eye	49	Vet 45	00:45:53	184	140	
86 Brenda	Hutcheon	19/12/1947		Bure Valley Harriers	67	Vet 65	00:46:15	185	110	36
156 Kerry	Surkitt	14/01/1973		Unaffiliated	42	Vet 40	00:46:17	186		37
218 Rachel	Acamon-Carbonell	01/06/1977		Great Yarmouth Road Runners	38	Senior	00:46:22	187		38
59 Cheryl	Goymer	20/02/1962		Waveney Valley AC	53	Vet 50	00:46:31	188		39
201 Rebecca	Durant	26/04/1952		Coltishall Jaguars RC	63	Vet 60	00:46:33	189		40
62 Caroline	Grint	26/10/1973		Unaffiliated	41	Vet 40	00:46:37	100		41
140 Dennis	Simpson	25/04/1960		Norwich Road Runners	55	Vet 55	00:46:52	191	150	
140 Dennis 142 Keelan	Smith	16/12/1983		Saxmundham Sports Running & F	31	Senior	00:46:56	191	150	
217 Jo	Fisk	31/01/1972		Waveney Valley AC	43	Vet 40	00:46:57	192	101	42
106 Dave	Martindale	25/11/1957		Unaffiliated	57	Vet 55	00:47:05	193	152	72
22 Nicholas	Carter	20/08/1940		Unaffiliated	75	Vet 65	00:47:24	195	152	
146 Sarah	Sparkes	17/07/1973		Bungay Black Dog RC	42	Vet 40	00:47:33	196	100	43
48 Sharon	Emery	22/01/1973		Unaffiliated	41	Vet 40	00:47:36	190		44
202 Ashley	Hutchings	26/09/1966		Unaffiliated	48	Vet 45	00:48:02	198	154	
56 Michael	Garry	20/11/1942		Unaffiliated	72	Vet 65	00:48:22	199	155	
102 Phillip	Laurier	16/01/1949		Lowestoft Road Runners	66	Vet 65	00:48:28	200	155	
108 Lisa	May	26/01/1977		Unaffiliated	38	Senior	00:48:31	200	150	45
12 Sharon	Breward	13/12/1971		Sudbury Joggers	43	Vet 40	00:49:27	201		46
124 Sarah	Pennock	10/06/1979		Sudbury Joggers	36	Senior	00:49:27	202		46
189 David	Warton	25/08/1956		Unaffiliated	59	Vet 55	00:49:38	202	157	40
8 Paul	Bird	05/06/1950		Bungay Black Dog RC	53	Vet 55 Vet 50	00:51:33	204	157	
7 Michael	Bird	21/06/1962		Unaffiliated	47	Vet 30 Vet 45	00:52:20	205	158	
211 Ashling	Riva	29/03/1963		Unaffiliated	52	Vet 45 Vet 50	00:53:06	200	109	48
148 Rachael	Spencer	22/02/1968		Unaffiliated	47	Vet 30 Vet 45	00:53:41	207		40
166 Sarah	Watts	16/12/1967		Diss and District AC	47	Vet 45 Vet 45	00:55:23	208		49 50
51 Des	Ferridge	18/02/1967		Unaffiliated	47	Vet 45 Vet 40	00:55:23	209	160	50
121 Nigel	Page	24/10/1959		Unaffiliated	55	Vet 55	01:19:09	210	160	
49 Andrew	Farman	03/11/1981		Unaffiliated	33	Senior	DNS	211	101	
55 Richard	Gallard	28/12/1969		Access Community Trust	45	Vet 45	DNS			
72 Shelley	Haverson	04/08/1981		Unaffiliated	34	Senior	DNS			
82 Dr Marc	Hummersone	10/02/1973		Unaffiliated	42	Vet 40	DNS			
136 Paul	Saunders	16/03/1973		Tri-Anglia Triathlon Club	42	Vet 40 Vet 40	DNS			
136 Paul 164 David	Waterman	15/03/1972		Bungay Black Dog RC	43 55	Vet 40 Vet 55	DNS			
164 David	Waterman	25/03/1960		Unaffiliated	35	Senior	DNS			
							DNS			
175 Matthew 113 Carrie	Wooltorton	17/01/1982 30/07/1992		Unaffiliated Unaffiliated	33 23	Senior	DNS #N/A	#N/A	#N/A	#N/A
	Morris					Senior				
176 Stuart	Young	10/06/1965	iviale	Bungay Black Dog RC	50	Vet 50	#N/A	#N/A	#N/A	#N/A