

SUFFOLK Sportshall Athletics

Date: **10OCT2015**

Location: **Ipswich**

Competition Details:

Team Events

Sat 10th Oct - Northgate, Ipswich

Sat 21st Nov - Lowestoft

TBC - Northgate, Ipswich

Individual entry

Regional Competition (East)

TBC - Hatfield, Herts

National Final

t.b.c

See National Sportshall link: <http://www.sportshall.org/>

2.00 pm

u11B 1 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C	Ben Cone	12.2	1	25	49
CC	Chase Hodds	12.6	2	24	
D	Liam Bridges	13.8	6	20	41
DD	Ethan Hodds	13.6	5	21	
E	Trey	16.4	8	18	37
EE	Kieran	14.9	7	19	
F					
FF					
G	Victor Tocca	12.6	2	24	46
GG	Leo Higgs	12.9	4	22	
H					
HH					
I					
II					
J					
JJ					
K					
KK					
L					
LL					
M					
MM					
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Y					
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ZZ					

u11B 2 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C	Joel Burgess	23.1	1	25	49
CC	Finn Howes	24.0	2	24	
D	Seth Frankland	28.3	6	20	20
DD					
E	Reece	30.0	7	19	42
EE	Oliver	24.7	3	23	
F					
FF					
G	Ethan Houghton	26.5	4	22	43
GG	Leo Higgs	26.7	5	21	
H					
HH					
I					
II					
J					
JJ					
K					
KK					
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X					
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Y					
YY					
Z					
ZZ					

3.30 pm

u11B Chest Push

		First throw	Second thr	Third throw	Best throw	Position	Points	Combined
A								
AA								
B								
BB								
C	Joel Burgess				5.50	4	22	45
CC	Chase Hodds				6.00	3	23	
D	Liam Bridges				4.00	8	18	42
DD	Ethan Hodds				6.25	2	24	
E	Trey				4.75	6	20	39
EE	Kieran				4.50	7	19	
F								
FF								
G	Victor Tocca				6.75	1	25	46
GG	Brandon Ling				5.25	5	21	
H								
HH								
I								
II								
J								
JJ								
K								
KK								
L								
LL								
M								
MM								
N								
NN								
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VV								
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X								
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Y								
YY								
Z								
ZZ								

2.30 pm

u11B

**Vertical
Jump**

		First jump	Second jump	Third jump
A				
AA				
B				
BB				
C	Ben Cone			
CC	Chase Hodds			
D				
DD	Ethan Hodds			
E	Trey			
EE	Kieran			
F				
FF				
G	Barney McCallum			
GG	Brandon Ling			
H				
HH				
I				
II				
J				
JJ				
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L				
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VV				
W				
WW				
X				
XX				
Y				
YY				
Z				
ZZ				

Best Jump
30
33
28
25
20
44
32

Position	Points
4	22
2	24
5	21
6	20
7	19
1	25
3	23

Combined
46
21
39
48

u11B

Triple Jump

		First Jump	Second Jump	Third Jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C	Joel Burgess				5.59	2	24	47
CC	Finn Howes				5.49	3	23	
D	Liam Bridges				4.14	6	20	42
DD	Seth Frankland				4.33	4	22	
E	Christian				4.25	5	21	40
EE	Kieran				4.04	7	19	
F								
FF								
G	Barney McCallum				5.68	1	25	43
GG	Brandon Ling				3.65	8	18	
H								
HH								
I								
II								
J								
JJ								
K								
KK								
L								
LL								
M								
MM								
N								
NN								
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OO								
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VV								
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X								
XX								
Y								
YY								
Z								
ZZ								

u11B

Speed Bounce

A	
AA	
B	
BB	
C	Ben Cone
CC	Finn Howes
D	
DD	Seth Frankland
E	Christian
EE	Luke
F	
FF	
G	Ethan Houghton
GG	Leo Higgs
H	
HH	
I	
II	
J	
JJ	
K	
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X	
XX	
Y	
YY	
Z	
ZZ	

Total Bounces
53
49
41
44
40
40
45

Position	Points
1	25
2	24
5	21
4	22
6	20
6	20
3	23

Combined
49
21
42
43

u11B Javelin

		First throw	Second throw	Third throw	Best throw	Position	Points	Combined
A								
AA								
B								
BB								
C	Finn Howes				15.0	3	23	44
CC	Ben Cone				13.0	5	21	
D								
DD	Ethan Hodds				12.8	6	20	20
E	Reece				5.0	7	19	44
EE	Oliver				17.5	1	25	
F								
FF								
G	Victor Tocca				16.8	2	24	46
GG	Barney McCallum				14.5	4	22	
H								
HH								
I								
II								
J								
JJ								
K								
KK								
L								
LL								
M								
MM								
N								
NN								
O								
OO								
P								
PP								
Q								
QQ								
R								
RR								
S								
SS								
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U								
UU								
V								
VV								
W								
WW								
X								
XX								
Y								
YY								
Z								
ZZ								

u11B 6 Lap Paarlauf

A	
B	
C	Joel Burgess Finn Howes
D	Seth Frankland Ethan Hodds
E	Christian Luke
F	
G	
H	
I	
J	
K	
L	
M	
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Q	
R	
S	
T	
U	
V	
W	
X	
Y	
Z	

Time
73.6
86.5
83.3
85

Pos	Points
1	25
4	22
2	24
3	23

u11B

**4 x 1 Lap
Relay**

		Time	Pos	Points
A				
B				
C	Joel Burgess Finn Howes	Ben Cone Chase Hodds	97.1	1 25
D	Liam Bridges Ethan Hodds	Seth Frankland	[115.2]	
E	Christian Oliver	Trey Luke	110.3	3 23
F				
G	Barney McCallum Leo Higgs	Victor Tocca Ethan Houghton	104.6	2 24
H				
I				
J				
K				
L				
M				
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P				
Q				
R				
S				
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U				
V				
W				
X				
Y				
Z				

1.10 pm

1.50 pm

u11G 1 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C	Laila Spurgeon	13.7	6	20	41
CC	Agatha Gouldby	13.2	5	21	
D					
DD					
E	Yolanda	12.7	2	24	49
EE	Ruby	12.6	1	25	
F					
FF					
G	Charlotte Sayer	12.9	4	22	45
GG	Libby Chandler	12.8	3	23	
H					
HH					
I					
II					
J					
JJ					
K					
KK					
L					
LL					
M					
MM					
N					
NN					
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V					
VV					
W					
WW					
X					
XX					
Y					
YY					
Z					
ZZ					

u11G 2 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C	Ella Barber	25.7	1	25	25
CC					
D					
DD					
E	Jemima	28.9	4	22	43
EE	Esther	29.0	5	21	
F					
FF					
G	Charlotte Sayer	26.4	3	23	47
GG	Libby Chandler	26.2	2	24	
H					
HH					
I					
II					
J					
JJ					
K					
KK					
L					
LL					
M					
MM					
N					
NN					
O					
OO					
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PP					
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QQ					
R					
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VV					
W					
WW					
X					
XX					
Y					
YY					
Z					
ZZ					

2.00 pm

u11G

**Speed
Bounce**

		Total Bounces	Position	Points	Combined
A					
AA					
B					
BB					
C	Laila Spurgeon	40	4	22	47
CC	Ella Barber	50	1	25	
D					
DD					
E	Yolanda	40	4	22	46
EE	Ruby	47	2	24	
F					
FF					
G	Belle Armstrong	40	4	22	45
GG	Bridget Scanlon	41	3	23	
H					
HH					
I					
II					
J					
JJ					
K					
KK					
L					
LL					
M					
MM					
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NN					
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U					
UU					
V					
VV					
W					
WW					
X					
XX					
Y					
YY					
Z					
ZZ					

u13B 2 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C	Solomon Elvin	26.7	2	24	24
CC					
D					
DD					
E					
EE					
F					
FF					
G	Harvey Hall	25.8	1	25	25
GG					
H					
HH					
I					
II					
J					
JJ					
K					
KK					
L					
LL					
M					
MM					
N					
NN					
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QQ					
R					
RR					
S					
SS					
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TT					
U					
UU					
V					
VV					
W					
WW					
X					
XX					
Y					
YY					
Z					
ZZ					

3.30 pm

u13B 4 Lap

		Time	Position	Points	Combined
A	George Wharam	54.2	1	25	25
AA					
B					
BB					
C	Tom Spurgeon	56.6	2	24	24
CC					
D					
DD					
E					
EE					
F					
FF					
G	Sheen Jayaweera	58.7	3	23	23
GG					
H					
HH					
I					
II					
J					
JJ					
K					
KK					
L					
LL					
M					
MM					
N					
NN					
O					
OO					
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QQ					
R					
RR					
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SS					
T					
TT					
U					
UU					
V					
VV					
W					
WW					
X					
XX					
Y					
YY					
Z					
ZZ					

2.30 pm

u13B 6 Lap

		Time
A AA	George Wharam	83.9
B BB		
C CC	Tom Spurgeon	89.2
D DD		
E EE		
F FF		
G GG	Harvey Hall	90.5
H HH		
I II		
J JJ		
K KK		
L LL		
M MM		
N NN		
O OO		
P PP		
Q QQ		
R RR		
S SS		
T TT		
U UU		
V VV		
W WW		
X XX		
Y YY		
Z ZZ		

Position	Points
1	25
2	24
3	23

Combined
25
24
23

3.40 pm

Long Jump

		First Jump	Second Jump	Third Jump
A	George Wharam			
AA				
B				
BB				
C	Tom Spurgeon			
CC				
D				
DD				
E				
EE				
F				
FF				
G	Harvey Hall			
GG				
H				
HH				
I				
II				
J				
JJ				
K				
KK				
L				
LL				
M				
MM				
N				
NN				
O				
OO				
P				
PP				
Q				
QQ				
R				
RR				
S				
SS				
T				
TT				
U				
UU				
V				
VV				
W				
WW				
X				
XX				
Y				
YY				
Z				
ZZ				

Best Jump
1.68
1.60
1.76

Position	Points
2	24
3	23
1	25

Combined
24
23
25

u13B

**Vertical
Jump**

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C	Solomon Elvin				33	2	24	24
CC								
D								
DD								
E								
EE								
F								
FF								
G	Sheen Jayaweera				34	1	25	25
GG								
H								
HH								
I								
II								
J								
JJ								
K								
KK								
L								
LL								
M								
MM								
N								
NN								
O								
OO								
P								
PP								
Q								
QQ								
R								
RR								
S								
SS								
T								
TT								
U								
UU								
V								
VV								
W								
WW								
X								
XX								
Y								
YY								
Z								
ZZ								

u13B

Triple Jump

		First Jump	Second Jump	Third Jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C	Solomon Elvin				4.48	1	25	25
CC								
D								
DD								
E								
EE								
F								
FF								
G	Sheen Jayaweera				4.36	2	24	24
GG								
H								
HH								
I								
II								
J								
JJ								
K								
KK								
L								
LL								
M								
MM								
N								
NN								
O								
OO								
P								
PP								
Q								
QQ								
R								
RR								
S								
SS								
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TT								
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UU								
V								
VV								
W								
WW								
X								
XX								
Y								
YY								
Z								
ZZ								

u13B

Speed Bounce

		Total Bounces	Position	Points	Combined
A	George Wharam	66	3	23	23
AA					
B					
BB					
C	Tom Spurgeon	77	1	25	25
CC					
D					
DD					
E					
EE					
F					
FF					
G	Harvey Hall	67	2	24	24
GG					
H					
HH					
I					
II					
J					
JJ					
K					
KK					
L					
LL					
M					
MM					
N					
NN					
O					
OO					
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PP					
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R					
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V					
VV					
W					
WW					
X					
XX					
Y					
YY					
Z					
ZZ					

u13B

Shot

		First throw	Second throw	Third throw	Best throw	Position	Points	Combined
A AA								
B BB								
C CC	Solomon Elvin	3.85	4.11	3.95	4.11	2	24	24
D DD								
E EE								
F FF								
G GG	Sheen Jayaweera	4.42	4.24	4.52	4.52	1	25	25
H HH								
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ								
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

2.55 pm

u13B 8 Lap Paarlauf

A	
B	
C	Tom Spurgeon Solomon Elvin
D	
E	
F	
G	
H	
I	
J	
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V	
W	
X	
Y	
Z	

Time
109.6
110.7

Pos	Points
1	25
2	24

2.00 pm

u13 2 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C	Shamara Hammonds	24.0	1	25	48
CC	Maddie Archbold	25.7	3	23	
D	Libby Mayall	27.5	7	19	37
DD	Taela Hodds	27.6	8	18	
E	Saffron	25.7	3	23	44
EE	Zara	26.0	5	21	
F					
FF					
G	Mai Baidoo	24.3	2	24	44
GG	Emily Bell	27.1	6	20	
H					
HH					
I					
II					
J					
JJ					
K					
KK					
L					
LL					
M					
MM					
N					
NN					
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W					
WW					
X					
XX					
Y					
YY					
Z					
ZZ					

2.20 pm

u13 6 Lap

		Time			Combined
A					
AA					
B					
BB					
C	Abeni Beckham	83.6	2	24	45
CC	Farran Turner	89.9	5	21	
D					
DD					
E	Kate	87.0	3	23	45
EE	Eloise	88.2	4	22	
F					
FF					
G	Maisy Armstrong	82.9	1	25	45
GG	Emily Bell	94.4	6	20	
H					
HH					
I					
II					
J					
JJ					
K					
KK					
L					
LL					
M					
MM					
N					
NN					
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PP					
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QQ					
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VV					
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WW					
X					
XX					
Y					
YY					
Z					
ZZ					

1.30 pm

**Long
Jump**

		First Jump	Second Jump	Third Jump
A AA				
B BB				
C CC	Shamara Hammonds Maddie Archbold			
D DD	Libby Mayall Maisie Elvin-Andrews			
E EE	Saffron Eloise			
F FF				
G GG	Maisy Armstrong Emily Bell			
H HH				
I II				
J JJ				
K KK				
L LL				
M MM				
N NN				
O OO				
P PP				
Q QQ				
R RR				
S SS				
T TT				
U UU				
V VV				
W WW				
X XX				
Y YY				
Z ZZ				

Best Jump
2.00
1.82
1.74
1.66
1.69
1.58
2.00
1.65

Position	Points
1	25
3	23
4	22
6	20
5	21
8	18
1	25
7	19

Combined
48
42
39
44

13G Vertical Jump

		First jump	Second jump	Third jump
A				
AA				
B				
BB				
C	Abeni Beckham			
CC	Maddie Archbold			
D	Libby Mayall			
DD	Taela Hodds			
E	Zara			
EE	Eloise			
F				
FF				
G	Deryn Baidoo			
GG	Mai Baidoo			
H				
HH				
I				
II				
J				
JJ				
K				
KK				
L				
LL				
M				
MM				
N				
NN				
O				
OO				
P				
PP				
Q				
QQ				
R				
RR				
S				
SS				
T				
TT				
U				
UU				
V				
VV				
W				
WW				
X				
XX				
Y				
YY				
Z				
ZZ				

Best Jump
45
30
31
30
37
33
47
46

Position	Points
3	23
7	19
6	20
7	19
4	22
5	21
1	25
2	24

Combined
42
39
43
49

13G

**Triple
Jump**

		First Jump	Second Jump	Third Jump
A AA				
B BB				
C CC	Abeni Beckham Maddie Archbold			
D DD	Maisie Elvin-Andrews			
E EE	Zara Eloise			
F FF				
G GG	Maisy Armstrong Emily Bell			
H HH				
I II				
J JJ				
K KK				
L LL				
M MM				
N NN				
O OO				
P PP				
Q QQ				
R RR				
S SS				
T TT				
U UU				
V VV				
W WW				
X XX				
Y YY				
Z ZZ				

Best Jump
6.24
5.35
4.92
5.02
4.20
5.46
4.32

Position	Points
1	25
3	23
5	21
4	22
7	19
2	24
6	20

Combined
48
21
41
44

2.40 pm

13G

Speed Bounce

A	
AA	
B	
BB	
C	Shamara Hammonds
CC	Farran Turner
D	Maisie Elvin-Andrews
DD	Libby Mayall
E	Saffron
EE	Zara
F	
FF	
G	Deryn Baidoo
GG	Mai Baidoo
H	
HH	
I	
II	
J	
JJ	
K	
KK	
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MM	
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NN	
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R	
RR	
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UU	
V	
VV	
W	
WW	
X	
XX	
Y	
YY	
Z	
ZZ	

Total Bounces
72
76
77
71
70
59
74
65

Position	Points
4	22
2	24
1	25
5	21
6	20
8	18
3	23
7	19

Combined
46
46
38
42

13G Shot

		First throw	Second throw	Third throw	Best throw	Position	Points	Combined
A AA								
B BB								
C CC	Farran Turner Abeni Beckham				4.99 5.83	3 1	23 25	48
D DD	Taela Hodds				4.37	6	20	20
E EE	Saffron Eloise				3.59 4.87	7 4	19 22	41
F FF								
G GG	Maisy Armstrong Deryn Baidoo				4.48 5.68	5 2	21 24	45
H HH								
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ								
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

13G 8 Lap Paarlauf

A	
B	
C	Shamara Hammonds Abeni Beckham
D	Libby Mayall Maisie Elvin-Andrews
E	Saffron Eloise
F	
G	
H	
I	
J	
K	
L	
M	
N	
O	
P	
Q	
R	
S	
T	
U	
V	
W	
X	
Y	
Z	

Time
106.3
113.2
111.9
101.4

Pos	Points
2	24
4	22
3	23
1	25

13G 4 x 2 Lap Relay

A		
B		
C	Shamara Hammonds Farran Turner	Abeni Beckham Maddie Archbold
D	Maisie Elvin-Andrews Libby Mayall	Taela Hodds
E	Saffron Zara	Eloise Kate
F		
G	Emily Bell Mai Baidoo	Maisy Armstrong Deryn Baidoo
H		
I		
J		
K		
L		
M		
N		
O		
P		
Q		
R		
S		
T		
U		
V		
W		
X		
Y		
Z		

Time
100.4
[112.2]
107.7
101.4

Pos	Points
1	25
3	23
2	24

u15B Overall Score

Number	Name	2 Lap	4 Lap	LJ	TJ	SB	Shot	Total Points	Position	Overall
1	Alec Wilson	23	21	21	22	21	21	129	5	
2	Tai Elvin-Andrews	21	22	23	23	25	23	137	3	
3	Jamie Bedford	22	23	22	21	22	22	132	4	
4										
5	Aidan Hewitt	25	25	24	24	24	25	147	1	
7	Leon Cousins	24	24	25	25	23	24	145	2	

u15B 2 Lap

		Time	Position	Points
1	Alec Wilson	23.7	3	23
2	Tai Elvin-Andrews	24.4	5	21
3	Jamie Bedford	24.1	4	22
4				
5	Aidan Hewitt	21.6	1	25
7	Leon Cousins	22.9	2	24

1.45 pm

u15B 4 Lap

3.45 pm

		Time	Position	Points
1	Alec Wilson	55.4	5	21
2	Tai Elvin-Andrews	50.6	4	22
3	Jamie Bedford	50.3	3	23
4				
5	Aidan Hewitt	46.1	1	25
7	Leon Cousins	48.6	2	24

u15B Long Jump

		First jump	Second jump	Third jump	Best Jump	Pos	Points
1	Alec Wilson				1.85	5	21
2	Tai Elvin-Andrews				2.42	3	23
3	Jamie Bedford				2.05	4	22
4							
5	Aidan Hewitt				2.55	2	24
7	Leon Cousins				2.56	1	25

2.00pm

u15B Triple Jump

		First jump	Second jump	Third jump	Best Jump	Pos	Points
1	Alec Wilson				6.12	4	22
2	Tai Elvin-Andrews				6.32	3	23
3	Jamie Bedford				6.02	5	21
4							
5	Aidan Hewitt				6.48	2	24
7	Leon Cousins				7.15	1	25

u15B Speed Bounce

1	Alec Wilson
2	Tai Elvin-Andrews
3	Jamie Bedford
4	
5	Aidan Hewitt
7	Leon Cousins

Total Jumps
62
83
68
75
70

Pos	Points
5	21
1	25
4	22
2	24
3	23

