

## WAVENEY VALLEY ATHLETIC CLUB - 14<sup>TH</sup> LOWESTOFT SCORES RACE - 13 SEPTEMBER 2009

### PRIZES

#### MEN

1 <sup>st</sup>	Luke Allen	Waveney Valley Athletic Club	26:26
2 <sup>nd</sup>	Carl Prewer	Lowestoft Road Runners	26:38
3 <sup>rd</sup>	Samuel Cheverton	City of Norwich	27:04

#### FEMALE

1 <sup>st</sup>	Karen Archbold	Lowestoft Road Runners	34:10
2 <sup>nd</sup>	Alice Wicks	Waveney Valley Athletic Club	35:55
3 <sup>rd</sup>	Jola Makowska	Unattached	36:23

#### MALE VET 40+

1 <sup>st</sup>	Richard Moore	Waveney Valley Athletic Club	28:08
-----------------	---------------	------------------------------	-------

#### MALE VET 50+

1 <sup>st</sup>	Dale Hurren	Norwich Road Runners	31:21
-----------------	-------------	----------------------	-------

#### MALE VET 60+

1 <sup>st</sup>	Peter Edmunds	Unattached	35:18
-----------------	---------------	------------	-------

#### FEMALE VET 40+

1 <sup>st</sup>	Karen Archbold	Lowestoft Road Runners	34:10
-----------------	----------------	------------------------	-------

#### FEMALE VET 50+

1 <sup>st</sup>	Pauline Norman	Lowestoft Road Runners	42:16
-----------------	----------------	------------------------	-------

#### FEMALE VET 60+

1 <sup>st</sup>	Brenda Hutcheon	Coltishall Jaguars	44:23
-----------------	-----------------	--------------------	-------

#### **AFFILIATED MEN TEAM PRIZE – WAVENEY VALLEY ATHLETIC CLUB**

- Luke Allen
- Richard Moore
- Mark Potter
- 

#### **AFFILIATED FEMALE TEAM PRIZE – COLTISHALL JAGUARS**

- Emily Hannant
- Sarah Jay
- Alison Haynes

#### **NON-AFFILIATED TEAM PRIZE – BIRDS EYE**

- Nigel Jackson
- Maurice McGinnes
- Criag Hamilton