

Waveney Valley Athletics Club

Mutford Relay Results - 13 July 2008

TEAM 41: Coltishall Jaguars 'B'				
	Cat	Number	Time	Total
Brenda Hutcheon	F 55+	41 A	00:25:45	00:25:45
Alison Horner	F	41 B	00:24:35	00:50:20
Dave Hutcheon	M 60+	41 C	00:23:41	01:14:01
Clive Steward	M 40+	41 D	00:19:57	01:33:58
Jon Reader	M	41 E	00:19:08	01:53:06
<b>TOTAL</b>			<b>01:53:06</b>	

TEAM 42: Stowmarket Striders 'A'				
	Cat	Number	Time	Total
Tamara Jordan	F	42 A	00:18:12	00:18:12
Chris Starmer	M 40+	42 B	00:17:51	00:36:03
Nick Stephens	M 40+	42 C	00:18:08	00:54:11
Roger Aldis	M	42 D	00:16:34	01:10:45
Nick Palmer	M	42 E	00:17:06	01:27:51
<b>TOTAL</b>			<b>01:27:51</b>	

TEAM 43: Stowmarket Striders 'B'				
	Cat	Number	Time	Total
Rebecca Jordan	F	43 A	00:20:43	00:20:43
Nick Hammond	M	43 B	00:19:45	00:40:28
Tom Wood	M	43 C	00:19:45	01:00:13
Malcolm Denn	M 50+	43 D	00:18:51	01:19:04
Ker Macrosson	M 50+	43 E	00:20:09	01:39:13
<b>TOTAL</b>			<b>01:39:13</b>	

TEAM 44: Stowmarket Striders 'C'				
	Cat	Number	Time	Total
Tracy Morris	F 45+	44 A	00:26:44	00:26:44
Joe Naughton	M 40+	44 B	00:19:36	00:46:20
Annette Embertson	F 35+	44 C	00:27:17	01:13:37
Jan Starmer	F 45+	44 D	00:28:08	01:41:45
Alison Hallstrap	F	44 E	00:24:26	02:06:11
<b>TOTAL</b>			<b>02:06:11</b>	

TEAM 45: Stowmarket Striders 'D'				
	Cat	Number	Time	Total
Sue Moggan	F 55+	45 A	00:29:56	00:29:56
Lorraine Mills	F 35+	45 B	00:23:12	00:53:08
Trudi Ablett	F 35+	45 C	00:27:02	01:20:10
Richard Nash	M	45 D	00:22:56	01:43:06
Jo Stephenson	F 35+	45 E	00:22:38	02:05:44
<b>TOTAL</b>			<b>02:05:44</b>	

TEAM 46: Stowmarket Striders 'E'				
	Cat	Number	Time	Total
Anne Fellingham	F 55+	46 A	00:28:57	00:28:57
Richard Fellingham	M 50+	46 B	00:22:58	00:51:55
Gary Halestrap	M 40+	46 C	00:21:41	01:13:36
Martin Knoedlar	M	46 D	00:19:01	01:32:37
Grayhame Fish	M 50+	46 E	00:24:56	01:57:33
<b>TOTAL</b>			<b>01:57:33</b>	

TEAM 47: Stowmarket Striders 'F'				
	Cat	Number	Time	Total
Katy Nash	F 35+	47 A	00:28:20	00:28:20
Frank Moggan	M 50+	47 B	00:23:46	00:52:06
Les Basham	M 50+	47 C	00:24:30	01:16:36
Martin Ablett	M	47 D	00:23:18	01:39:54
Malcolm Mogarty	M 50+	47 E	00:25:12	02:05:06
<b>TOTAL</b>			<b>02:05:06</b>	

TEAM 48: Stowmarket Striders 'G'				
	Cat	Number	Time	Total
Fiona Moody	F 35+	48 A	00:30:31	00:30:31
Haley Suttle	F 35+	48 B	00:21:39	00:52:10
Chris Gladwell	M 50+	48 C	00:21:42	01:13:52
Sandra Mayhen	F 35+	48 D	00:27:30	01:41:22
Anne Fish	F 55+	48 E	00:25:23	02:06:45
<b>TOTAL</b>			<b>02:06:45</b>	

TEAM 49: Stowmarket Striders 'H'				
	Cat	Number	Time	Total
Penny Waggott	F 35+	49 A	00:23:38	00:23:38
Leseley Watt	F 45+	49 B	00:28:35	00:52:13
Charmaine Geraghty	F 35+	49 C	00:23:06	01:15:19
Ron Ames	M 60+	49 D	00:22:47	01:38:06
Debbie Ghant	F 35+	49 E	00:26:14	02:04:20
<b>TOTAL</b>			<b>02:04:20</b>	

TEAM 50: Lowestoft RR 'A'				
	Cat	Number	Time	Total
Pauline Norman	F 55+	50 A	00:22:19	00:22:19
Carl Prewer	M	50 B	00:16:28	00:38:47
Steve Rendall-Read	M 40+	50 C	00:19:35	00:58:22
Kevin Sharman	M 40+	50 D	00:17:16	01:15:38
Shaun Lark	M	50 E	00:17:55	01:33:33
<b>TOTAL</b>			<b>01:33:33</b>	

TEAM 51: St Edmund Pacers 'A'				
	Cat	Number	Time	Total
Maureen McCarthy	F 45+	51 A	00:20:48	00:20:48
David Reed	M 40+	51 B	00:16:40	00:37:28
Kevin Murphy	M	51 C	00:16:12	00:53:40
Alan Dawson	M 50+	51 D	00:17:35	01:11:15
Steve Robinson	M	51 E	00:16:41	01:27:56
<b>TOTAL</b>			<b>01:27:56</b>	

TEAM 52: St Edmund Pacers 'B'				
	Cat	Number	Time	Total
Julia Jepson	F 35+	52 A	00:21:14	00:21:14
Darren Barwick	M	52 B	00:19:40	00:40:54
Kevin Vaughan	M 40+	52 C	00:18:23	00:59:17
Peter Golding	M 50+	52 D	00:17:54	01:17:11
Kevin Murphy	M	52 E	00:17:05	01:34:16
<b>TOTAL</b>			<b>01:34:16</b>	