SUFFOLK Sportshall Athletics

Date: **08OCT2016** Location: **Ipswich**

Competition Details:

Team Events

Sat 8th Oct - Northgate, Ipswich

Sat 29th Oct - Northgate, Ipswich

Sat 19th Nov - Northgate, Ipswich

Individual entry

Regional Competition (East)

Sat 12 Feb 2017 - Hertfordshire Sports Village, Hatfield

National Final

22nd & 23rd April 2017 - UK Sportshall Final Sportcity, Manchester

See National Sporstshall link: http://www.sportshall.org/

u11B Overall Results Ipswich 08OCT2016

	Team	1 Lap	2 Lap	Chest Push	Long Jump	Vert Jump	Triple Jump	Speed Bounce	Javelin	6 Lap Paarlauf	4x1 Relay	Obstacle Relay	Points	Position
A	CTT													
B	CTT													
C	Waveney Valley AC	43	40	40	41	41	45	46	40	24	23	24	407	3
D	Waveney Valley AC	40	20	43	43	32	20	44	42	22	22	22	350	4
E	JAFFA													
F	JAFFA	39	46	41	43	39	49	39	46	23	24	24	413	2
G	Northgate	45	49	47	46	44	40	42	39	25	25	25	427	1
H	Northgate		33	31	31	37	35	34	36	20	21	21	299	5
I	Framlingham Flyers													
J	Framlingham Flyers													
K	Orwell Panthers													
L	Orwell Panthers													
M	Bungay Black Dog													
N	Bungay Black Dog													
O	Waveney Valley AC													
P														
Q	CATs	39	34	18	17	43			33	22			206	6
R														
S														
T														
U														
V														
W														
X														
Y														
Z														

2.00 pm

u11B 1 Lap

		Time	Position	Points	Combined
A AA					
B BB					
C CC	Liam Bridges William Butcher	13.6 12.7	7 2	19 24	43
D DD	Ben Littlejohns Harvey Nicholson	13.0 13.7	4 8	22 18	40
E EE					
F FF	Herbie Shaw Liam Bridges	14.6 12.8	10 3	16 23	39
G GG	Ben Diaby Rio Bird	11.9 13.4	1 6	25 20	45
H HH	Sam Quarton Dylan Jayaweera				
I II					
J JJ					
K KK					
L LL					
M MM					
N NN					
O OO					
P PP					
Q QQ	Sam Cade Nathan Karri	13.0 14.2	4 9	22 17	39
R RR					
S SS					
T TT					
U UU					
V VV					
W WW					
X XX					
Y YY					
Z ZZ					

3.20 pm

u11B 2 Lap

		Time	Position	Points	Combined
A AA					
B BB					
C CC	Seth Frankland Charles Hardy	26.4 25.9	7 5	19 21	40
D DD	Henry Hardy Harvey Nicholson	26.2	6	20	20
E EE					
F FF	Luke Baker Luke Hart	25.6 24.8	4 2	22 24	46
G GG	Ethan Houghton Jack Lugo	24.6 24.8	1 2	25 24	49
H HH	James Campbell Max Unglass	27.0 26.9	10 9	16 17	33
I II					
J JJ					
K KK					
L LL					
M MM					
N NN					
O OO					
P PP					
Q QQ	Sam Cade Fred Walton	26.4 27.4	7 11	19 15	34
R RR					
S SS					
T TT					
U UU					
V VV					
W WW					
X XX					
Y YY					
Z ZZ					

3.30 pm

u11B Chest Push

		First throw	Second thr	Third throw	Best throw	Position	Points	Combined
A AA								
B BB								
C CC	Liam Bridges Seth Frankland				5.31 5.23	*5* *7*	*21* *19*	40
D DD	Thomas Supple Thomas Supple				5.36 5.26	*3* *6*	*23* *20*	43
E EE	Samuel Newbold				[4.15]			
F FF	Luke Baker Herbie Shaw				5.61 4.76	*2* *9*	*24* *17*	41
G GG	Brandon Ling Ben Diaby				5.33 6.51	*4* *1*	*22* *25*	47
H HH	James Campbell Dylan Jayaweera				4.68 3.52	*10* *11*	*16* *15*	31
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ	Nathan Karri				5.21	*8*	*18*	18
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

2.30 pm

u11B Long Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A AA								
B BB								
C CC	William Butcher Charles Hardy				1.60 1.62	6 5	20 21	41
D DD	Ben Littlejohns Thomas Supple				1.50 1.72	8 1	18 25	43
E EE								
F FF	Herbie Shaw Samuel Newbould				1.70 1.54	2 7	24 19	43
G GG	Ethan Houghton Brandon Ling				1.68 1.70	4 2	22 24	46
H HH	Sam Quarton Dylan Jayaweera				1.36 1.00	10 11	16 15	31
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ	Nathan Karri				1.40	9	17	17
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

1.50 pm

u11B Vertical Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A AA								
B BB								
C CC	William Butcher Charles Hardy				28 30	7 4	19 22	41
D DD	Henry Hardy Harvey Nicholson				19 23	11 9	15 17	32
E EE								
F FF	Samuel Newbould Liam Bridges				30 23	4 9	22 17	39
G GG	Oliver Read Rio Bird				29 33	6 2	20 24	44
H HH	Sam Quarton Max Unglass				16 32	12 3	14 23	37
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ	Sam Cade Fred Walton				35 26	1 8	25 18	43
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

3.00 pm

u11B Triple Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A AA								
B BB								
C CC	Liam Bridges Seth Frankland				4.63 4.64	4 3	22 23	45
D DD	Harvey Nicholson Henry Hardy				4.39	6	20	20
E EE								
F FF	Luke Baker Luke Hart				4.82 4.68	1 2	25 24	49
G GG	Brandon Ling Jack Lugo				4.47 4.01	5 7	21 19	40
H HH	Max Unglass Sam Quarton				4.00 3.98	8 9	18 17	35
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ								
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

1.20 pm

u11B

	Speed Bounce	Total Bounces	Position	Points	Combined
A AA					
B BB					
C CC	Liam Bridges Seth Frankland	42 45	4 2	22 24	46
D DD	Ben Littlejohns Henry Hardy	43 41	3 5	23 21	44
E EE					
F FF	Luke Hart Liam Bridges	38 40	7 6	19 20	39
G GG	Ben Diaby Oliver Read	48 34	1 9	25 17	42
H HH	Max Unglass James Campbell	37 24	8 10	18 16	34
I II					
J JJ					
K KK					
L LL					
M MM					
N NN					
O OO					
P PP					
Q QQ	Fred Walton				
R RR					
S SS					
T TT					
U UU					
V VV					
W WW					
X XX					
Y YY					
Z ZZ					

4.30 pm

u11B Javelin

		First throw	Second throw	Third throw	Best throw	Position	Points	Combined
A AA								
B BB								
C CC	William Butcher Charles Hardy				15.0 7.0	1 11	25 15	40
D DD	Thomas Supple Ben Littlejohns				14.5 11.5	3 7	23 19	42
E EE								
F FF	Luke Baker Luke Hart				13.0 15.0	5 1	21 25	46
G GG	Ethan Houghton Brandon Ling				12.0 11.5	6 7	20 19	39
H HH	James Campbell Dylan Jayaweera				14.0 6.0	4 12	22 14	36
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ	Sam Cade Fred Walton				10.0 8.5	9 10	17 16	33
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

2.45 pm

u11B 6 Lap Paarlauf

		Time	Pos	Points
A				
B				
C	Seth Frankland William Butcher	79.1	2	24
D	Ben Littlejohns Thomas Supple	84.1	4	22
E				
F	Luke Hart Luke Baker	81.9	3	23
G	Jack Lugo Oliver Read	78.5	1	25
H	Sam Quarton Max Unglass	88.9	6	20
I				
J				
K				
L				
M				
N				
O				
P				
Q	Fred Walton Sam Cade	84.1	4	22
R				
S				
T				
U				
V				
W				
X				
Y				
Z				

4.00 pm

u11B 4 x 1 Lap Relay

			Time	Pos	Points
A					
B					
C	Liam Bridges Seth Frankland	William Butcher Charles Hardy	53.3	3	23
D	Ben Littlejohns Henry Hardy	Harvey Nicholson Thomas Supple	54.0	4	22
E					
F	Herbie Shaw Samuel Newbould	Liam Bridges Luke Hart	52.6	2	24
G	Ben Diaby Jack Lugo	Rio Bird Ethan Houghton	49.6	1	25
H	Dylan Jayaweera James Campbell	Sam Quarton Max Unglass	54.1	5	21
I					
J					
K					
L					
M					
N					
O					
P					
Q					
R					
S					
T					
U					
V					
W					
X					
Y					
Z					

1.10 pm

u11B Obstacle Race

			Time	Pos	Points
A					
B					
C	Liam Bridges Seth Frankland	William Butcher Charles Hardy	84.9	2	24
D	Ben Littlejohns Henry Hardy	Harvey Nicholson Thomas Supple	87.4	4	22
E					
F	Liam Bridges Samuel Newbould	Herbie Shaw Luke Baker	84.9	2	24
G	Oliver Read Ben Diaby	Ethan Houghton Rio Bird	83.5	1	25
H	Dylan Jayaweera James Campbell	Sam Quarton Max Unglass	96.6	5	21
I					
J					
K					
L					
M					
N					
O					
P					
Q			[90.9]		
R					
S					
T					
U					
V					
W					
X					
Y					
Z					

u11G Overall Results Ipswich 08OCT2016

	Team	1 Lap	2 Lap	Chest Push	Long Jump	Vert Jump	Triple Jump	Speed Bounce	Javelin	6 Lap Paarlauf	4x1 Relay	Obstacle Relay	Points	Position
A	CTT													
B	CTT													
C	Waveney Valley AC	40	43	45	45	44	48	35	46	24	23	24	417	2
D	Waveney Valley AC	21	18	39	39	19		25	24	23			208	5
E	JAFFA													
F	JAFFA	33	34	40	36	35		41		21			240	4
G	Northgate	49	44	42	40	46	45	45	43	25	25	25	429	1
H	Northgate	44	45	39	38	48	42	39	41	22	24		382	3
I	Framlingham Flyers													
J	Framlingham Flyers													
K	Orwell Panthers													
L	Orwell Panthers													
M	Bungay Black Dog													
N	Bungay Black Dog													
O	Waveney Valley AC													
P	CATs													
Q	CATS	20	22		25			21					88	6
R														
S														
T														
U														
V														
W														
X														
Y														
Z														

1.50 pm

u11G 1 Lap

		Time	Position	Points	Combined
A AA					
B BB					
C CC	Agatha Gouldby Ella Newman	12.5 13.4	4 8	22 18	40
D DD	Laila Spurgeon	13.0	5	21	21
E EE					
F FF		13.5 13.7	9 10	17 16	33
G GG	Layo Laguda Charlotte Sayer	12.4 12.1	2 1	24 25	49
H HH	Lauren Squirrel Lana Inniss	13.1 12.4	6 2	20 24	44
I II					
J JJ					
K KK					
L LL					
M MM					
N NN					
O OO					
P PP					
Q QQ	Katie Roberts	13.1	6	20	20
R RR					
S SS					
T TT					
U UU					
V VV					
W WW					
X XX					
Y YY					
Z ZZ					

3.25 pm

u11G 2 Lap

		Time	Position	Points	Combined
A AA					
B BB					
C CC	D'Arcie Ives Honor Freeland	25.2 27.9	2 7	24 19	43
D DD	Addison Gregory	28.0	8	18	18
E EE					
F FF	Grace Harley Sophia Dawdry-Hall	28.6 28.6	9 9	17 17	34
G GG	Belle Armstrong Adenine Faro	25.6 26.9	3 5	23 21	44
H HH	Blythe Boreham Lana Inniss	24.8 27.5	1 6	25 20	45
I II					
J JJ					
K KK					
L LL					
M MM					
N NN					
O OO					
P PP					
Q QQ	Katie Roberts	26.6	4	22	22
R RR					
S SS					
T TT					
U UU					
V VV					
W WW					
X XX					
Y YY					
Z ZZ					

1.30 pm

u11G Chest Push

		First throw	Second thr	Third throv	Best throw	Position	Points	Combined
A AA								
B BB								
C CC	D'Arcie Ives Honor Freeland				5.98 4.85	*1* *6*	*25* *20*	45
D DD	Laila Spurgeon Addison Gregory				5.15 3.82	*4* *9*	*22* *17*	39
E EE								
F FF	Grace Harley Sophia Dawdry-Hall				5.09 4.73	*5* *7*	*21* *19*	40
G GG	Ruth Westland Adenine Faro				5.65 4.34	*2* *8*	*24* *18*	42
H HH	Blythe Boreham Gracie Forster				5.31 2.04	*3* *10*	*23* *16*	39
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ								
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

3.00 pm

u11G Long Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A AA								
B BB								
C CC	Agatha Gouldby Honor Freeland				1.70 1.56	2 5	24 21	45
D DD	Ella Newman Addison Gregory				1.56 1.54	5 8	21 18	39
E EE								
F FF	Grace Harley Sophia Dawdry-Hall				1.28 1.56	11 5	15 21	36
G GG	Ruth Westland Layo Laguda				1.50 1.66	9 3	17 23	40
H HH	Lauren Squirrel Maria Lopez				1.62 1.42	4 10	22 16	38
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ	Katie Roberts				1.74	1	25	25
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

1.10 pm

u11G Vertical Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A AA								
B BB								
C CC	D'Arcie Ives Agatha Gouldby				33 32	3 5	23 21	44
D DD	Laila Spurgeon				27	7	19	19
E EE								
F FF	Grace Harley Sophia Dawdry-Hall				24 25	9 8	17 18	35
G GG	Ruth Westland Belle Armstrong				32 35	5 1	21 25	46
H HH	Lauren Squirrel Blythe Boreham				35 33	1 3	25 23	48
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ								
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

4.10 pm

u11G Triple Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A AA								
B BB								
C CC	Agatha Gouldby Ella Newman				4.94 5.29	3 1	23 25	48
D DD								
E EE								
F FF	Grace Harley Sophia Dawdry-Hall				[3.76] [3.44]			
G GG	Belle Armstrong Charlotte Sayer				4.43 5.10	5 2	21 24	45
H HH	Lana Inniss Maria Lopez				4.78 3.50	4 6	22 20	42
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ								
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

2.00 pm

u11G

	Speed Bounce	Total Bounces	Position	Points	Combined
A AA					
B BB					
C CC	Ella Newman Honor Freeland	32 30	8 9	18 17	35
D DD	Laila Spurgeon	44	1	25	25
E EE					
F FF	Grace Harley Sophia Dawdry-Hall	30 43	9 2	17 24	41
G GG	Layo Laguda Ruth Westland	42 41	3 4	23 22	45
H HH	Chloe Abbott Lana Inniss	38 33	6 7	20 19	39
I II					
J JJ					
K KK					
L LL					
M MM					
N NN					
O OO					
P PP					
Q QQ	Katie Roberts	40	5	21	21
R RR					
S SS					
T TT					
U UU					
V VV					
W WW					
X XX					
Y YY					
Z ZZ					

4.30 pm

u11G Javelin

		First throw	Second throw	Third throw	Best throw	Position	Points	Combined
A AA								
B BB								
C CC	D'Arcie Ives Honor Freeland				12.0 7.5	1 5	25 21	46
D DD	Ella Newman Addison Gregory				10.5	2	24	24
E EE								
F FF	Grace Harley Sophia Dawdry-Hall				[9] [8.5]			
G GG	Adenine Faro Ruth Westland				6.5 9.0	6 3	20 23	43
H HH	Lauren Squirrel Gracie Forster				8.0 1.5	4 7	22 19	41
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ								
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

2.40 pm

u11G 6 Lap Paarlauf

		Time	Pos	Points
A				
B				
C	Agatha Gouldby Ella Newman	83.6	2	24
D	Laila Spurgeon Addison Gregory	84	3	23
E				
F	Grace Harley Sophia Dawdry-Hall	88.9	5	21
G	Charlotte Sayer Belle Armstrong	78.3	1	25
H	Maria Lopez Chloe Abbott	87	4	22
I				
J				
K				
L				
M				
N				
O				
P				
Q				
R				
S				
T				
U				
V				
W				
X				
Y				
Z				

3.50 pm

u11G 4 x 1 Lap Relay

			Time	Pos	Points
A					
B					
C	Agatha Gouldby Ella Newman	D'Arcie Ives Honor Freeland	53.0	3	23
D	Addison Gregory Laila Spurgeon		[57.7]		
E					
F	Grace Harley Sophia Dawdry-Hall		[57.7]		
G	Layo Laguda Charlotte Sayer	Belle Armstrong Adenine Faro	50.1	1	25
H	Lauren Squirrel Lana Inniss	Blythe Boreham Chloe Abbott	51.9	2	24
I					
J					
K					
L					
M					
N					
O					
P					
Q					
R					
S					
T					
U					
V					
W					
X					
Y					
Z					

1.00 pm

u11G Obstacle Race

			Time	Pos	Points
A					
B					
C	Agatha Gouldby Ella Newman	D'Arcie Ives Honor Freeland	88.4	2	24
D	Addison Gregory Laila Spurgeon		[95]		
E					
F	Grace Harley Sophia Dawdry-Hall		[95]		
G	Layo Laguda Charlotte Sayer	Adenine Faro Ruth Westland	86.9	1	25
H			[97.7]		
I					
J					
K					
L					
M					
N					
O					
P					
Q					
R					
S					
T					
U					
V					
W					
X					
Y					
Z					

u13B Overall Results Ipswich 08OCT2016

	Team	2 Lap	4 Lap	6 Lap	Long Jump	Vert Jump	Triple Jump	Speed Bounce	Shot	8 Lap Paarlauf	4x2 Relay	Obstacle Relay	Points	Position
A	CTT													
B	CTT													
C	Waveney Valley AC	49	48	45	44	48	44	48	40	25	25	25	441	1
D	Waveney Valley AC	44	37	45	41	42	48	41	43	23	23	23	410	3
E	JAFFA													
F	JAFFA	37	38	37	35	37	22	42	35	22	22	22	349	4
G	Northgate	43	46	40	49	48	42	43	46	24	24	24	429	2
H	Northgate													
I	Framlingham Flyers													
J	Framlingham Flyers													
K	Orwell Panthers													
L	Orwell Panthers													
M	Bungay Black Dog													
N	Bungay Black Dog													
O	Waveney Valley AC													
P	CATs													
Q	CATs		20	23	21				25				89	5
R														
S														
T														
U														
V														
W														
X														
Y														
Z														

2.10 pm

u13B 2 Lap

		Time	Position	Points	Combined
A AA					
B BB					
C CC	Joel Burgess Finn Howes	22.6 23.4	1 2	25 24	49
D DD	Isaac Phillips Ethan Hodds	24.7 26.8	3 5	23 21	44
E EE					
F FF	Kieran Reece	29.5 30.5	7 8	19 18	37
G GG	Leo Higgs Archie Reynolds	25.5 26.8	4 5	22 21	43
H HH					
I II					
J JJ					
K KK					
L LL					
M MM					
N NN					
O OO					
P PP					
Q QQ					
R RR					
S SS					
T TT					
U UU					
V VV					
W WW					
X XX					
Y YY					
Z ZZ					

3.30 pm

u13B 4 Lap

		Time	Position	Points	Combined
A AA					
B BB					
C CC	Joel Burgess Finn Howes	49.4 52.2	1 3	25 23	48
D DD	Tom Spurgeon Jack Gooch	53.6 59.5	7 8	19 18	37
E EE					
F FF	William Oliver	53.2 62.3	5 9	21 17	38
G GG	Sheen Jayaweera Jay Collett	49.9 52.7	2 4	24 22	46
H HH					
I II					
J JJ					
K KK					
L LL					
M MM					
N NN					
O OO					
P PP					
Q QQ	Evan Roberts	53.4	6	20	20
R RR					
S SS					
T TT					
U UU					
V VV					
W WW					
X XX					
Y YY					
Z ZZ					

2.30 pm

u13B 6 Lap

		Time	Position	Points	Combined
A AA					
B BB					
C CC	Ben Cone Nathan Littlejohns	82.4 84.4	2 5	24 21	45
D DD	Chase Hodds Tom Spurgeon	84.7 82.2	6 1	20 25	45
E EE					
F FF	Christian Oliver	84.7 94.7	6 9	20 17	37
G GG	Leo Higgs Archie Reynolds	92.7 84.0	8 4	18 22	40
H HH					
I II					
J JJ					
K KK					
L LL					
M MM					
N NN					
O OO					
P PP					
Q QQ	Evan Roberts	83.5	3	23	23
R RR					
S SS					
T TT					
U UU					
V VV					
W WW					
X XX					
Y YY					
Z ZZ					

3.40 pm

u13B Long Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A AA								
B BB								
C CC	Joel Burgess Ben Cone				1.92 1.68	3 5	23 21	44
D DD	Tom Spurgeon Jack Gooch				1.78 1.60	4 7	22 19	41
E EE								
F FF	Christian William				1.54 1.30	8 9	18 17	35
G GG	Jay Collett Sheen Jayaweera				1.96 2.10	2 1	24 25	49
H HH								
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ	Evan Roberts				1.68	5	21	21
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

1.40 pm

u13B Vertical Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A AA								
B BB								
C CC	Ben Cone Nathan Littlejohns				33 34	3 1	23 25	48
D DD	Ethan Hodds Chase Hodds				31 31	5 5	21 21	42
E EE								
F FF	Kieran Reece				26 21	7 8	19 18	37
G GG	Archie Reynolds Leo Higgs				34 33	1 3	25 23	48
H HH								
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ								
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

2.40 pm

u13B Triple Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A AA								
B BB								
C CC	Joel Burgess Nathan Littlejohns				5.95 4.88	1 7	25 19	44
D DD	Isaac Phillips Tom Spurgeon				5.95 5.88	1 3	25 23	48
E EE								
F FF	Oliver Christian				5.86	4	22	22
G GG	Sheen Jayaweera Jay Collett				5.85 5.85	5 5	21 21	42
H HH								
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ								
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

3.00 pm

u13B

	Speed Bounce	Total Bounces	Position	Points	Combined
A AA					
B BB					
C CC	Finn Howes Ben Cone	73 72	1 3	25 23	48
D DD	Isaac Phillips Chase Hodds	55 71	7 4	19 22	41
E EE					
F FF	William Christian	58 71	6 4	20 22	42
G GG	Leo Higgs Archie Reynolds	51 73	8 1	18 25	43
H HH					
I II					
J JJ					
K KK					
L LL					
M MM					
N NN					
O OO					
P PP					
Q QQ					
R RR					
S SS					
T TT					
U UU					
V VV					
W WW					
X XX					
Y YY					
Z ZZ					

1.00 pm

u13B Shot

		First throw	Second throw	Third throw	Best throw	Position	Points	Combined
A AA								
B BB								
C CC	Finn Howes Nathan Littlejohns				4.26 3.44	5 7	21 19	40
D DD	Ethan Hodds Jack Gooch				6.06 3.45	3 6	23 20	43
E EE								
F FF	Kieran Reece				3.08 2.66	8 9	18 17	35
G GG	Jay Collett Sheen Jayaweera				6.45 5.59	2 4	24 22	46
H HH								
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ	Evan Roberts				6.58	1	25	25
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

2.55 pm

u13B 8 Lap Paarlauf

		Time	Pos	Points
A				
B				
C	Joel Burgess Finn Howes	96.8	1	25
D	Jack Gooch	107.9	3	23
E				
F	Oliver Christian	113.1	4	22
G	Sheen Jayaweera Jay Collett	102.2	2	24
H				
I				
J				
K				
L				
M				
N				
O				
P				
Q				
R				
S				
T				
U				
V				
W				
X				
Y				
Z				

4.20 pm

u13B 4 x 2 Lap Relay

			Time	Pos	Points
A					
B					
C	Joel Burgess Finn Howes	Ben Cone Nathan Littlejohns	94.9	1	25
D	Isaac Phillips Tom Spurgeon	Jack Gooch Chase Hodds	99.8	3	23
E					
F	William Christian	Kieran Reece	114.5	4	22
G	Leo Higgs Archie Reynolds	Jay Collett Sheen Jayaweera	97.3	2	24
H					
I					
J					
K					
L					
M					
N					
O					
P					
Q					
R					
S					
T					
U					
V					
W					
X					
Y					
Z					

1.30 pm

u13B Obstacle Race

			Time	Pos	Points
A					
B					
C	Joel Burgess Finn Howes	Ben Cone Nathan Littlejohns	73.9	1	25
D	Isaac Phillips Ethan Hodds	Tom Spurgeon Chase Hodds	76.8	3	23
E					
F	William Reece	Kieran Oliver	86.2	4	22
G	Sheen Jayaweera Archie Reynolds	Leo Higgs Jay Collett	75.7	2	24
H					
I					
J					
K					
L					
M					
N					
O					
P					
Q					
R					
S					
T					
U					
V					
W					
X					
Y					
Z					

u13G Overall Results Ipswich 08OCT2016

	Team	2 Lap	4 Lap	6 Lap	Long Jump	Vert Jump	Triple Jump	Speed Bounce	Shot	8 Lap Paarlauf	4x2 Relay	Obstacle Relay	Points	Position
A	CTT													
B	CTT													
C	Waveney Valley AC	47	46	47	46	46	47	46	46	25	25	25	446	1
D	Waveney Valley AC													
E	JAFFA													
F	JAFFA	39		21	39	39	21	45		22			226	3
G	Northgate	46	49	47	46	46	47	39	45	24	24	24	437	2
H	Northgate													
I	Framlingham Flyers													
J	Framlingham Flyers													
K	Orwell Panthers													
L	Orwell Panthers													
M	Bungay Black Dog													
N	Bungay Black Dog													
O	Waveney Valley AC													
P	CATS													
Q	Cats	22	21		23	23		43	24	23			179	4
R														
S														
T														
U														
V														
W														
X														
Y														
Z														

2.00 pm

u13 2 Lap

		Time	Position	Points	Combined
A AA					
B BB					
C CC	Shamara Hammonds Abeni Beckham	23.8 24.1	2 3	24 23	47
D DD					
E EE					
F FF	Esther Speller Esther E-Jalota	27.4 30.2	6 7	20 19	39
G GG	Mai Badoo Emily Bell	23.6 26.8	1 5	25 21	46
H HH					
I II					
J JJ					
K KK					
L LL					
M MM					
N NN					
O OO					
P PP					
Q QQ	Alex Penny	24.3	4	22	22
R RR					
S SS					
T TT					
U UU					
V VV					
W WW					
X XX					
Y YY					
Z ZZ					

3.20 pm

u13 4 Lap

		Time	Position	Points	Combined
A AA					
B BB					
C CC	Gracie Parr Taela Hodds	58.7 59.4	2 4	24 22	46
D DD					
E EE					
F FF	Esther E-Jalota Eva Palmer				
G GG	Connie King Samantha Barnard	56.6 58.7	1 2	25 24	49
H HH					
I II					
J JJ					
K KK					
L LL					
M MM					
N NN					
O OO					
P PP					
Q QQ	Lucy Page	60.8	5	21	21
R RR					
S SS					
T TT					
U UU					
V VV					
W WW					
X XX					
Y YY					
Z ZZ					

2.20 pm

u13 6 Lap

		Time	Position	Points	Combined
A AA					
B BB					
C CC	Abeni Beckham Kiera Kane	84.7 91.5	1 4	25 22	47
D DD					
E EE					
F FF	Esther Speller	97.2 [108.1]	5	21	21
G GG	Laura Pycock Bridget Scanlon	90.0 90.5	2 3	24 23	47
H HH					
I II					
J JJ					
K KK					
L LL					
M MM					
N NN					
O OO					
P PP					
Q QQ					
R RR					
S SS					
T TT					
U UU					
V VV					
W WW					
X XX					
Y YY					
Z ZZ					

1.30 pm

13G Long Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A AA								
B BB								
C CC	Shamara Hammonds Taela Hodds				2.18 1.66	1 5	25 21	46
D DD								
E EE								
F FF	Esther E-Jalota Eva Palmer				1.40 1.46	7 6	19 20	39
G GG	Laura Pycock Emily Bell				1.96 1.72	2 4	24 22	46
H HH								
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ	Alex Penny				1.82	3	23	23
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

3.00 pm

13G Vertical Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A AA								
B BB								
C CC	Shamara Hammonds Taela Hodds				49 34	2 4	24 22	46
D DD								
E EE								
F FF	Eva Palmer Esther Speller				24 27	7 6	19 20	39
G GG	Mai Badoo Samantha Barnard				53 30	1 5	25 21	46
H HH								
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ	Lucy Page				43	3	23	23
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

1.00 pm

13G Triple Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A AA								
B BB								
C CC	Abeni Beckham Gracie Parr				6.50 4.62	1 4	25 22	47
D DD								
E EE								
F FF	Eva Palmer				3.88	5	21	21
G GG	Bridget Scanlon Connie King				4.84 4.96	3 2	23 24	47
H HH								
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ								
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

2.40 pm

13G Speed Bounce

		Total Bounces	Position	Points	Combined
A AA					
B BB					
C CC	Kiera Kane Gracie Parr	66 62	2 4	24 22	46
D DD					
E EE					
F FF	Esther Speller Eva Palmer	67 57	1 6	25 20	45
G GG	Bridget Scanlon Mai Badoo	50 61	8 5	18 21	39
H HH					
I II					
J JJ					
K KK					
L LL					
M MM					
N NN					
O OO					
P PP					
Q QQ	Alex Penny Lucy Page	64 57	3 6	23 20	43
R RR					
S SS					
T TT					
U UU					
V VV					
W WW					
X XX					
Y YY					
Z ZZ					

2.10 pm

13G Shot

		First throw	Second throw	Third throw	**Best throw**	Position	Points	Combined
A AA								
B BB								
C CC	Abeni Beckham Taela Hodds				7.1 4.9	1 5	25 21	46
D DD								
E EE								
F FF								
G GG	Samantha Barnard Laura Pycock				6.19 5.61	3 4	23 22	45
H HH								
I II								
J JJ								
K KK								
L LL								
M MM								
N NN								
O OO								
P PP								
Q QQ	Lucy Page				6.48	2	24	24
R RR								
S SS								
T TT								
U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

2.50 pm

13G 8 Lap Paarlauf

		Time	Pos	Points
A				
B				
C	Shamara Hammonds Kiera Kane	104.7	1	25
D				
E				
F	Eva Palmer Esther E-Jalota	124.9	4	22
G	Connie King Samantha Barnard	106.1	2	24
H				
I				
J				
K				
L				
M				
N				
O				
P				
Q	Alex Penny Lucy Page	107.5	3	23
R				
S				
T				
U				
V				
W				
X				
Y				
Z				

4.10 pm

13G 4 x 2 Lap Relay

			Time	Pos	Points
A					
B					
C	Shamara Hammonds Abeni Beckham	Gracie Parr Kiera Kane	97.3	1	25
D					
E					
F	Esther E-Jalota Esther Speller	Eva Palmer	[124.9]		
G	Mai Badoo Laura Pycock	Bridget Scanlon Emily Bell	101.0	2	24
H					
I					
J					
K					
L					
M					
N					
O					
P					
Q	Lucy Page		[107.5]		
R					
S					
T					
U					
V					
W					
X					
Y					
Z					

1.20 pm

13G Obstacle Race

			Time	Pos	Points
A					
B					
C	Shamara Hammonds Gracie Parr	Taela Hodds Kiera Kane	80.3	1	25
D					
E					
F	Esther E-Jalota Esther Speller	Eva Palmer	[92.7]		
G	Mai Badoo Connie King	Emily Bell Bridget Scanlon	80.8	2	24
H					
I					
J					
K					
L					
M					
N					
O					
P					
Q					
R					
S					
T					
U					
V					
W					
X					
Y					
Z					

u15B Overall Score

Number	Name	2 Lap	4 Lap	LJ	TJ	SB	Shot	Total Points	Overall Position
8	Jamie Besford	25	25	25	25	25	25	150	1
9	Charlie Adams	23	23	23	23	23	23	138	3
10	Oliver Langner								
11	Harvey Hall	24	23	24	24	24	22	141	2
15	Isaac Page		24	22	22	22	24	114	4

u15B 2 Lap

1.45 pm

		Time	Position	Points
8	Jamie Besford	22.5	*1*	*25*
9	Charlie Adams	24.8	*3*	*23*
10	Oliver Langner			
11	Harvey Hall	24.4	*2*	*24*
15	Isaac Page			

u15B 4 Lap

3.45 pm

		Time	Position	Points
8	Jamie Besford	50.1	1	25
9	Charlie Adams	54.5	3	23
10	Oliver Langner			
11	Harvey Hall	54.5	3	23
15	Isaac Page	53.4	2	24

1.00pm

u15B Long Jump

		First jump	Second jump	Third jump	**Best Jump**	Pos	Points
8	Jamie Besford				2.1	*1*	25
9	Charlie Adams				1.68	*3*	23
10	Oliver Langner						
11	Harvey Hall				2.08	*2*	24
15	Isaac Page				1.62	*4*	22

2.00pm

u15B Triple Jump

		First jump	Second jump	Third jump	**Best Jump**	Pos	Points
8	Jamie Besford				6.3	*1*	25
9	Charlie Adams				4.52	*3*	23
10	Oliver Langner						
11	Harvey Hall				5.34	*2*	24
15	Isaac Page				4.3	*4*	22

3.15pm

u15B Speed Bounce

		Total Jumps	Pos	Points
8	Jamie Besford	73	1	25
9	Charlie Adams	59	3	23
10	Oliver Langner			
11	Harvey Hall	71	2	24
15	Isaac Page	41	4	22

2.30pm

u15B Shot (4 Kg)

		First Throw	Second Throw	Third Throw	**Best Throw**	Pos	Points
8	Jamie Besford				7.3	*1*	25
9	Charlie Adams				5.24	*3*	23
10	Oliver Langner						
11	Harvey Hall				5.15	*4*	22
15	Isaac Page				6.71	*2*	24

u15 G Overall Score

Number	Name	2 Lap	4 Lap	LJ	VJ	SB	Shot	Points Total	Overall Position
12	Deryn Badoo	25	25	25	25	24	25	149	1
13	Zara Hanman	23	24	23	23	23	23	139	3
14	Saffron Mitchell Andrews	24	23	24	24	25	24	144	2
16	Freya Palmer	22	22	22	22	22	22	132	4

u15G 2 Lap

1.40pm

		Time	Position	Points
12	Deryn Badoo	23.7	1	25
13	Zara Hanman	26.4	3	23
14	Saffron Mitchell An	24.8	2	24
16	Freya Palmer	27.3	4	22

u15G 4 Lap

3.40pm

		Time	Position	Points
12	Deryn Badoo	53.0	1	25
13	Zara Hanman	54.1	2	24
14	Saffron Mitchell An	57.8	3	23
16	Freya Palmer	60.3	4	22

2.00pm

u15G Long Jump

		First jump	Second jump	Third jump	**Best Jump**	Pos	Points
12	Deryn Badoo				2.06	1	25
13	Zara Hanman				1.72	3	23
14	Saffron Mitchell Andrews				1.8	2	24
16	Freya Palmer				1.66	4	22

2.30pm

u15G Vertical Jump

		First jump	Second jump	Third jump	**Best Jump**	Pos	Points
12	Deryn Badoo				50	*1*	25
13	Zara Hanman				40	*3*	23
14	Saffron Mitchell Andrews				41	*2*	24
16	Freya Palmer				29	*4*	22

1.00pm

u15G Speed Bounce

		Total Jumps	Pos	Points
12	Deryn Badoo	66	2	24
13	Zara Hanman	64	3	23
14	Saffron Mitchell Andrews	70	1	25
16	Freya Palmer	53	4	22

3.00pm

u15G Shot (3Kg)

		First Throw	Second Throw	Third Throw	**Best Throw**	Pos	Points
12	Deryn Badoo				6.36	*1*	25
13	Zara Hanman				5.15	*3*	23
14	Saffron Mitchell Andrews				5.44	*2*	24
16	Freya Palmer				5.05	*4*	22