

Age group	Number	Name	Name	M/F	Club	Position	Time Mins:Secs
U11	23	Tilly	Aldis	F	Fram Flyers	1	09:42
U11	32	Lily	Bemmer	F	Fram Flyers	2	10:48
U11	29	Bea	Thomas	F	Fram Flyers	3	10:52
U11	28	Monique	Humphrey	F	Fram Flyers	4	11:04
U11	33	Abeni	Beckham	F	Waveney Valley AC	5	11:09
U11	62	Zoe	Powers	F	BBDRC	6	11:12
U11	66	Sophie	Gray	F	Great Yarmouth and District AC	7	11:27
U11	79	Megan	Smith	F	Great Yarmouth and District AC	8	11:28
U11	73	Talane	Simpson	F	Great Yarmouth and District AC	9	11:29
U11	24	Daisy	Chambers	F	Fram Flyers	10	11:30
U11	34	Brooke	Oram	F	Waveney Valley AC	11	11:44
U11	25	Ruby	Ford	F	Fram Flyers	12	11:46
U11	37	Libby	Mayall	F	Waveney Valley AC	13	11:52
U11	30	Isobel	Gilmour	F	Fram Flyers	14	11:54
U11	27	Poppy	Branton	F	Fram Flyers	15	12:03
U11	26	Harriet	Berry	F	Fram Flyers	16	12:06
U11	36	Maisie	Elvin-Andrews	F	Waveney Valley AC	17	13:03
U11	31	Corinna	Russell	F	Fram Flyers	18	13:05
U11	38	Maddie	Archbold	F	Waveney Valley AC	19	14:32
U11	35	Amy	Catchpole	F	Waveney Valley AC	20	14:40
U11	21	Abigail	Mackenzie-Websdale	F	BBDRC	21	14:41
U11	84	Ella	Holland	F	BBDRC	22	14:42

Age group	Number	Name	Name	M/F	Club	Position	Time Mins:Secs
U11	13	Alec	Mackay	M	Fram Flyers	1	09:06
U11	15	George	Wharam	M	Fram Flyers	2	09:21
U11	77	Louis	Duffield	M	Great Yarmouth and District AC	3	09:28
U11	14	Charlie	Pecher	M	Fram Flyers	4	09:29
U11	8	Joel	Burgess	M	Waveney Valley AC	5	10:10
U11	9	Benjamin	Cone	M	Waveney Valley AC	6	10:12
U11	72	Cameron	Johnson	M	Great Yarmouth and District AC	7	10:15
U11	12	Leo	Joscelyne	M	Waveney Valley AC	8	10:18
U11	65	Finn	Howes	M	Waveney Valley AC	9	10:19
U11	16	Oliver	Kinsman	M	Fram Flyers	10	10:43
U11	80	Jacob	Landles	M	Great Yarmouth and District AC	11	11:05
U11	2	Ethan	Cowley	M	BBDRC	12	11:09
U11	6	Oscar	Taylor	M	Waveney Valley AC	13	11:12
U11	11	Daniel	Goldspink	M	Waveney Valley AC	14	11:29

U11	87	Peter	Lowther	M	BBDRC	15	11:30
U11	7	Pierre	Stohr	M	Waveney Valley AC	16	11:56
U11	3	Oscar	Lee	M	BBDRC	17	12:05
U11	18	Luke	Wharam	M	Fram Flyers	18	12:10
U11	19	Harvey	Ford	M	Fram Flyers	19	12:17
U11	10	Vaughan	Beckham	M	Waveney Valley AC	20	12:23
U11	17	Owen	Cox	M	Fram Flyers	21	15:59
U11	4	Lewis	Pepperell	M	BBDRC	22	16:23

Age group	Number	Name	Name	M/F	Club	Position	Time Mins:Secs
U13	89	Molly	Bean	F	Great Yarmouth and District AC	1	16:09
U13	83	Emma	Hunter	F	BBDRC	2	16:36
U13	67	Andie	Brown	F	Great Yarmouth and District AC	3	16:42
U13	43	Harriet	Lyman	F	Waveney Valley AC	4	16:49
U13	48	Ellie	Pitcher	F	Fram Flyers	5	16:58
U13	51	Rose	Branton	F	Fram Flyers	6	17:22
U13	86	Tallia	Barrett	F	Great Yarmouth and District AC	7	17:59
U13	75	Ellie	Morgan	F	Great Yarmouth and District AC	8	18:06
U13	81	Poppy	Wynes	F	Great Yarmouth and District AC	9	18:07
U13	45	Mia	Hopson	F	Waveney Valley AC	10	18:43
U13	76	Chanelle	Morgan	F	Great Yarmouth and District AC	11	20:01
U13	78	Faith	Willeard	F	Great Yarmouth and District AC	12	20:48
U13	50	Nicole	Humphrey	F	Fram Flyers	13	21:10
U13	49	Grace	Berry	F	Fram Flyers	14	21:25

U13	39	Jamie	Besford	M	Waveney Valley AC	1	14:10
U13	41	Tai	Elvin-Andrews	M	Waveney Valley AC	2	14:28
U13	71	Billy	Heseltine	M	Great Yarmouth and District AC	3	14:40
U13	74	Sam	Brownsell	M	Great Yarmouth and District AC	4	14:45
U13	53	Ethan	Whittingstall	M	Fram Flyers	5	15:30
U13	47	Marcus	Bosworth	M	Fram Flyers	6	16:10
U13	69	Sam	Brownsell	M	Great Yarmouth and District AC	7	16:13
U13	42	Callum	Hopson	M	Waveney Valley AC	8	16:15
U13	85	Harry	Bernasconie	M	Waveney Valley AC	9	16:45
U13	46	Lewis	Potter	M	Fram Flyers	10	17:07
U13	40	Sam	Stevens	M	Waveney Valley AC	11	17:19
U13	82	Joshua	Landles	M	Great Yarmouth and District AC	12	17:46
U13	52	Hugo	Thomas	M	Fram Flyers	13	18:05
U13	59	Christopher	Holmes	M	BBDRC	14	18:42

Age group	Number	Name	Name	M/F	Club	Position	Time Mins:Secs
U15	63	Lauren	Oram	F	Waveney Valley AC	1	26:47

Age group	Number	Name	Name	M/F	Club	Position	Time Mins:Secs
U15	56	Samuel	Grooms	M	Fram Flyers	1	20:00
U15	88	Connor	Wright	M	Great Yarmouth and District AC	2	21:03
U15	54	Warren	Berry	M	Fram Flyers	3	23:02
U15	68	Kai	Beadle	M	Great Yarmouth and District AC	4	23:19
U15	57	Bradley	Potts	M	Fram Flyers	5	24:05
U15	55	Zac	Berry	M	Fram Flyers	6	24:39
U15	58	Thomas	Bewick	M	Fram Flyers	7	25:35
U15	70	George	Brownsell	M	Great Yarmouth and District AC	9	31:08
U15	60	Lewis	Covill	M	Waveney Valley AC	10	34:51

Age group	Number	Name	Name	M/F	Club	Position	Time Mins:Secs
U17	64	Ashley	Berry	M	Fram Flyers	1	28:22