

SUFFOLK WINTER CROSS COUNTRY LEAGUE 2011/12

BUNGAY SENIORS

| O/L | POSITION | | POINTS | | TIME | RUNNER NAME | CLUB | INDIVIDUAL | |
|-----|----------|---|--------|----|-------|------------------|------|------------|-----|
| | M | F | M | F | | | | CAT | POS |
| 1 | 1 | | 133 | | 32.00 | Luke Allan | WV | M 20 | 1 |
| 2 | 2 | | 132 | | 32.19 | Steven Robinson | PA | M 20 | 2 |
| 3 | 3 | | 131 | | 32.43 | Kevin Murphy | PA | M 20 | 3 |
| 4 | 4 | | 130 | | 33.54 | Adam Thomas | WV | M 20 | 4 |
| 5 | 5 | | 129 | | 34.04 | Paul Holley | NS | M 45 | 1 |
| 6 | 6 | | 128 | | 34.20 | Jamie Shaw | NS | M 20 | 5 |
| 7 | 7 | | 127 | | 34.40 | Carl Prewer | WV | M 40 | 1 |
| 8 | 8 | | 126 | | 35.08 | Simon Gardiner | IH | M 20 | 6 |
| 9 | 9 | | 125 | | 35.24 | Nick Palmer | ST | M 20 | 7 |
| 10 | 10 | | 124 | | 35.40 | Ben Caisey | IN | M 20 | 8 |
| 11 | 11 | | 123 | | 35.51 | Vincent Coogan | NS | M 20 | 9 |
| 12 | 12 | | 122 | | 35.53 | Greg Davis | NS | M 45 | 2 |
| 13 | 13 | | 121 | | 36.00 | Adi Barbrooke | WT | M 20 | 10 |
| 14 | 14 | | 120 | | 36.05 | Glenn Douglas | PA | M 20 | 11 |
| 15 | 15 | | 119 | | 36.25 | Ross Fawcett | IH | M 17 | 1 |
| 16 | 16 | | 118 | | 36.28 | Ben Green | IN | M 17 | 2 |
| 17 | 17 | | 117 | | 36.29 | Lee Morgan | IN | M 40 | 2 |
| 18 | 18 | | 116 | | 36.33 | Robert Cheverton | WV | M 55 | 1 |
| 19 | 19 | | 115 | | 36.45 | Will Law | FS | M 20 | 12 |
| 20 | 20 | | 114 | | 37.05 | Kevin Vaughan | PA | M 45 | 3 |
| 21 | 21 | | 113 | | 37.16 | Matt Singleton | WT | M 20 | 13 |
| 22 | 22 | | 112 | | 37.32 | Darren Sheppard | FS | M 40 | 3 |
| 23 | 23 | | 111 | | 37.35 | David Soloman | FE | M 40 | 4 |
| 24 | 24 | | 110 | | 37.44 | Chris Starmer | ST | M 50 | 1 |
| 25 | 25 | | 109 | | 37.47 | Martyn Taylor | NS | M 20 | 14 |
| 26 | 26 | | 108 | | 37.54 | Ricky Peacher | FS | M 20 | 15 |
| 27 | 27 | | 107 | | 38.06 | Simon Phillips | PA | M 20 | 16 |
| 28 | 28 | | 106 | | 38.09 | John Wankowski | IN | M 20 | 17 |
| 29 | 29 | | 105 | | 38.13 | Graham Pattle | IH | M 20 | 18 |
| 30 | 30 | | 104 | | 38.18 | Mark Pinney | FE | M 45 | 4 |
| 31 | 31 | | 103 | | 38.29 | Goy Roper | WV | M 45 | 5 |
| 32 | 32 | | 102 | | 38.32 | Denys Olefir | NS | M 20 | 19 |
| 33 | 33 | | 101 | | 38.37 | Robert Smailes | PA | M 17 | 3 |
| 34 | 34 | | 100 | | 38.47 | Chris Seymour | ST | M 40 | 5 |
| 35 | 35 | | 99 | | 38.52 | James Wilson | NS | M 20 | 20 |
| 36 | 36 | | 98 | | 39.11 | Brian Munns | NS | M 45 | 6 |
| 37 | 37 | | 97 | | 39.14 | Andy Buck | NS | M 45 | 7 |
| 38 | 38 | | 96 | | 39.21 | Paul Sullivan | WV | M 40 | 6 |
| 39 | 39 | | 95 | | 39.24 | Dan Kinsman | FS | M 20 | 21 |
| 40 | | 1 | | 73 | 39.26 | Jo Coates | PA | F 35 | 1 |
| 41 | 40 | | 94 | | 39.31 | Nick Hammond | ST | M 40 | 7 |
| 42 | 41 | | 93 | | 39.34 | Jim Last | FS | M 20 | 22 |
| 43 | 42 | | 92 | | 39.44 | Tim Earl | WV | M 20 | 23 |
| 44 | 43 | | 91 | | 39.51 | Steve Edwards | NS | M 45 | 8 |
| 45 | 44 | | 90 | | 39.58 | Neil Gillingham | IH | M 20 | 24 |
| 46 | 45 | | 89 | | 40.04 | Jason Taylor | FE | M 20 | 25 |
| 47 | 46 | | 88 | | 40.19 | Chris Pimlott | WV | M 20 | 26 |
| 48 | | 2 | | 72 | 40.24 | Lynn Emmett | BD | F 40 | 1 |
| 49 | 47 | | 87 | | 40.26 | Ker Macrosson | ST | M 55 | 2 |
| 50 | 48 | | 86 | | 40.41 | Paul Brown | FS | M 45 | 9 |

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|-----|----|----|----|----|-------|-------------------|----|------|----|
| 51 | 49 | | 85 | | 40.49 | Dale Mandell | FS | M 20 | 27 |
| 52 | 50 | | 84 | | 40.52 | Chris Chorley | BD | M 45 | 10 |
| 53 | | 3 | | 71 | 40.54 | Tracey Curl | WV | F 45 | 1 |
| 54 | 51 | | 83 | | 40.57 | Robbie James | BD | M 40 | 8 |
| 55 | | 4 | | 70 | 41.00 | Abbie Thorrington | IN | F 20 | 1 |
| 56 | 52 | | 82 | | 41.03 | Stephen Hatten | PA | M 45 | 11 |
| 57 | 53 | | 81 | | 41.23 | Cliff Bailey | TH | M 50 | 2 |
| 58 | 54 | | 80 | | 41.31 | Martin Archer | IN | M 45 | 12 |
| 59 | 55 | | 79 | | 41.48 | Roger Ackerley | FS | M 50 | 3 |
| 60 | 56 | | 78 | | 42.03 | Steven Brooke | FE | M 40 | 9 |
| 61 | 57 | | 77 | | 42.05 | Russell Breyer | IN | M 45 | 13 |
| 62 | | 5 | | 69 | 42.14 | Christine Anthony | WS | F 45 | 2 |
| 63 | 58 | | 76 | | 42.17 | Colin Pitts | ST | M 50 | 4 |
| 64 | | 6 | | 68 | 42.41 | Maureen McCarthy | WS | F 45 | 3 |
| 65 | 59 | | 75 | | 42.48 | Simon Asher | BD | M 20 | 28 |
| 66 | | 7 | | 67 | 42.52 | Lucy Barnes | IH | F 17 | 1 |
| 67 | 60 | | 74 | | 42.56 | Steve Curran | FS | M 45 | 14 |
| 68 | 61 | | 73 | | 42.57 | Gerry Watson | FE | M 55 | 3 |
| 69 | 62 | | 72 | | 42.58 | Jeff Agricole | WT | M 45 | 15 |
| 70 | 63 | | 71 | | 43.02 | Graham Coulter | DI | M 20 | 29 |
| 71 | | 8 | | 66 | 43.06 | Ursula White | NS | F 35 | 2 |
| 72 | 64 | | 70 | | 43.07 | David Oliver | WV | M 40 | 10 |
| 73 | 65 | | 69 | | 43.10 | Graeme Cleaie | FS | M 20 | 30 |
| 74 | 66 | | 68 | | 43.21 | Rob Mackenzie | FS | M 45 | 16 |
| 75 | 67 | | 67 | | 43.24 | Alan Fairs | WV | M 40 | 11 |
| 76 | 68 | | 66 | | 43.34 | Stewart Hambling | FS | M 40 | 12 |
| 77 | 69 | | 65 | | 43.43 | Chris Sugars | IH | M 40 | 13 |
| 78 | 70 | | 64 | | 43.44 | Peter Mills | ST | M 55 | 4 |
| 79 | | 9 | | 65 | 43.45 | Sharon Calton | WT | F 40 | 2 |
| 80 | | 10 | | 64 | 43.51 | Claire Hoblyn | PA | F 45 | 4 |
| 81 | | 11 | | 63 | 43.53 | Elies Mann | WV | F 35 | 3 |
| 82 | 71 | | 63 | | 43.56 | Daniel Jones | IH | M 20 | 31 |
| 83 | 72 | | 62 | | 43.56 | Mikele Capasso | IN | M 45 | 17 |
| 84 | 73 | | 61 | | 43.58 | Robin Harper | FE | M 20 | 32 |
| 85 | 74 | | 60 | | 44.00 | Richard Nash | ST | M 20 | 33 |
| 86 | | 12 | | 62 | 44.03 | Emma Burroughs | IH | F 17 | 2 |
| 87 | 75 | | 59 | | 44.09 | Tony Cantle | TH | M 50 | 5 |
| 88 | 76 | | 58 | | 44.14 | Bill Kingaby | WV | M 55 | 5 |
| 89 | 77 | | 57 | | 44.21 | Martin Little | ST | M 40 | 14 |
| 90 | 78 | | 56 | | 44.31 | James Manning | PA | M 40 | 15 |
| 91 | 79 | | 55 | | 44.33 | Dave Vaughan | PA | M 55 | 6 |
| 92 | 80 | | 54 | | 44.38 | Julian Colman | WT | M 50 | 6 |
| 93 | 81 | | 53 | | 44.50 | Roly Shaw | BD | M 55 | 7 |
| 94 | 82 | | 52 | | 45.04 | Dominic Turner | NS | M 40 | 16 |
| 95 | 83 | | 51 | | 45.16 | Mike Cross | WT | M 45 | 18 |
| 96 | | 13 | | 61 | 45.22 | Sandra Bower | TH | F 50 | 1 |
| 97 | 84 | | 50 | | 45.32 | Newland Andrews | FS | M 20 | 34 |
| 98 | | 14 | | 60 | 45.32 | Tricia Goulden | WT | F 50 | 2 |
| 99 | | 15 | | 59 | 45.33 | Laura Hicks | ST | F 20 | 2 |
| 100 | 85 | | 49 | | 45.38 | Richard Dye | BD | M 50 | 7 |
| 101 | 86 | | 48 | | 45.46 | Richard Sawyer | PA | M 50 | 8 |
| 102 | 87 | | 47 | | 45.48 | Kenneth Tovell | FS | M 40 | 17 |
| 103 | | 16 | | 58 | 45.57 | Mary Narey | ST | F 40 | 3 |
| 104 | 88 | | 46 | | 46.00 | Ron Ames | ST | M 60 | 1 |
| 105 | | 17 | | 57 | 46.04 | Dawn Carver | WV | F 45 | 5 |
| 106 | 89 | | 45 | | 46.09 | Chris Cook | PA | M 60 | 2 |

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| 107 | | 18 | | 56 | 46.16 | Justine Anthony | WS | F 17 | 3 |
| 108 | 90 | | 44 | | 46.31 | Jonathan Price | NS | M 60 | 3 |
| 109 | | 19 | | 55 | 46.35 | Kim Reader | FE | F 40 | 4 |
| 110 | | 20 | | 54 | 46.44 | Charmaine Gerraghty | ST | F 35 | 4 |
| 111 | 91 | | 43 | | 46.46 | Oliver Minns | IH | M 17 | 4 |
| 112 | 92 | | 42 | | 46.50 | Stephen Williams | PA | M 55 | 8 |
| 113 | 93 | | 41 | | 46.52 | Nigel Herrod | WV | M 50 | 9 |
| 114 | 94 | | 40 | | 47.03 | David Gilbert | BD | M 45 | 19 |
| 115 | 95 | | 39 | | 47.05 | Simon Green | IN | M 55 | 9 |
| 116 | 96 | | 38 | | 47.11 | Stephen Shaw | FE | M 40 | 18 |
| 117 | 97 | | 37 | | 47.24 | Mark Sargeantson | FS | M 55 | 10 |
| 118 | | 21 | | 53 | 47.40 | Helen Hornsey | BD | F 20 | 3 |
| 119 | 98 | | 36 | | 47.43 | Steve Oldman | BD | M 45 | 20 |
| 120 | | 22 | | 52 | 47.44 | Sirrka Love | NS | F 55 | 1 |
| 121 | 99 | | 35 | | 47.46 | Clive Purbrook | NS | M 55 | 11 |
| 122 | | 23 | | 51 | 47.54 | Samantha Wing | TH | F 20 | 4 |
| 123 | 100 | | 34 | | 48.16 | Brian Wright | TH | M 55 | 12 |
| 124 | | 24 | | 50 | 48.47 | Bobbie Sauerzapf | BD | F 50 | 3 |
| 125 | 101 | | 33 | | 48.50 | Tony Millett | WV | M 55 | 13 |
| 126 | | 25 | | 49 | 48.52 | Maire O'Brien | PA | F 45 | 6 |
| 127 | 102 | | 32 | | 48.53 | Cliff Lear | TH | M 45 | 21 |
| 128 | 103 | | 31 | | 49.00 | David Coley | FE | M 60 | 4 |
| 129 | 104 | | 30 | | 49.05 | David Taylor | FS | M 60 | 5 |
| 130 | | 26 | | 48 | 49.06 | Ann Millett | WV | F 55 | 2 |
| 131 | 105 | | 29 | | 49.30 | Bruce Rayner | BD | M 50 | 10 |
| 132 | 106 | | 28 | | 49.43 | David Punt | BD | M 55 | 14 |
| 133 | | 27 | | 47 | 50.09 | Tracey Morris | ST | F 50 | 4 |
| 134 | 107 | | 27 | | 50.16 | Richard Fellingham | ST | M 60 | 6 |
| 135 | 108 | | 26 | | 50.22 | David Waterman | BD | M 50 | 11 |
| 136 | | 28 | | 46 | 50.34 | Alex Smith | ST | F 35 | 5 |
| 137 | 109 | | 25 | | 50.34 | Bob Paul | BD | M 55 | 15 |
| 138 | | 29 | | 45 | 50.40 | Haley Cocksedge | TH | F 35 | 6 |
| 139 | | 30 | | 44 | 50.49 | Annette Manning | BD | F 50 | 5 |
| 140 | 110 | | 24 | | 51.14 | Tim Power | FS | M 60 | 7 |
| 141 | | 31 | | 43 | 51.27 | Fiona Tooley | WS | F 40 | 5 |
| 142 | | 32 | | 42 | 51.37 | Marion Walker | FS | F 55 | 3 |
| 143 | | 33 | | 41 | 52.00 | Sarah Bradley | WV | F 45 | 7 |
| 144 | 111 | | 23 | | 52.09 | Tim Emery | FE | M 45 | 22 |
| 145 | | 34 | | 40 | 52.45 | Becky Sturgeon | BD | F 35 | 7 |
| 146 | | 35 | | 39 | 53.00 | Marjie Davis | NS | F 45 | 8 |
| 147 | 112 | | 22 | | 53.14 | Tony Fuller | IH | M 55 | 16 |
| 148 | | 36 | | 38 | 53.17 | Diana Thomas | NS | F 20 | 5 |
| 149 | | 37 | | 37 | 53.22 | Mel Roberts | FS | F 50 | 6 |
| 150 | 113 | | 21 | | 53.30 | Chris Hinnit | WT | M 20 | 35 |
| 151 | | 38 | | 36 | 53.39 | Shona Bendix | BD | F 40 | 6 |
| 152 | | 39 | | 35 | 53.45 | Corrina Smith | TH | F 40 | 7 |
| 153 | | 40 | | 34 | 54.20 | Dawn D'Amarco | WT | F 35 | 8 |
| 154 | | 41 | | 33 | 54.20 | Mandy Bunn | NS | F 40 | 8 |
| 155 | 114 | | 20 | | 54.28 | Ivan Coleman | WV | M 45 | 23 |
| 156 | | 42 | | 32 | 54.37 | Jo Parden | FS | F 40 | 9 |
| 157 | 115 | | 19 | | 54.55 | David Henshaw | BD | M 40 | 19 |
| 158 | | 43 | | 31 | 55.09 | Belinda Schofield | NS | F 55 | 4 |
| 159 | 116 | | 18 | | 55.35 | Keith Borrett | ST | M 55 | 17 |
| 160 | 117 | | 17 | | 55.36 | Andy Bond | ST | M 60 | 8 |
| 161 | | 44 | | 30 | 55.52 | Viv Taylor | FS | F 55 | 5 |
| 162 | 118 | | 16 | | 56.01 | Marcus Nichols | BD | M 20 | 36 |

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|-----|-----|----|----|----|-------|-------------------|----|------|----|
| 163 | | 45 | | 29 | 56.41 | Judy Potter | BD | F 65 | 1 |
| 164 | 119 | | 15 | | 56.57 | Chris Aylmer | NS | M 60 | 9 |
| 165 | | 46 | | 28 | 57.07 | Sally Nichols | BD | F 50 | 7 |
| 166 | | 47 | | 27 | 57.53 | Tamsin Desborough | GY | F 17 | 4 |
| 167 | | 48 | | 26 | 59.04 | Carol Maycock | BD | F 50 | 8 |
| 168 | | 49 | | 25 | 59.24 | Catharine Carfoot | WV | F 35 | 9 |
| 169 | | 50 | | 24 | 59.30 | Gina Browse | NS | F 35 | 10 |
| 170 | | 51 | | 23 | 59.46 | Joanne Taylor | BD | F 35 | 11 |
| 171 | | 52 | | 22 | 59.46 | Louise Reed | BD | F 35 | 12 |
| 172 | | 53 | | 21 | 60.14 | Jackie Bell | BD | F 50 | 9 |
| 173 | 120 | | 14 | | 60.22 | Robin Farrar | BD | M 65 | 1 |
| 174 | | 54 | | 20 | 60.58 | Claire Graham | BD | F 40 | 10 |
| 175 | | 55 | | 19 | 62.10 | Karen Waters | BD | F 40 | 11 |
| 176 | | 56 | | 18 | 62.36 | Nicole Mowlam | WT | F 40 | 12 |
| 177 | | 57 | | 17 | 62.43 | Sharon Cannell | BD | F 35 | 13 |
| 178 | 121 | | 13 | | 64.34 | Barry Palmer | DI | M 40 | 20 |
| 179 | 122 | | 12 | | 64.39 | Jacques Groen | BD | M 60 | 10 |
| 180 | | 58 | | 16 | 65.04 | Susie Warman | BD | F 35 | 14 |
| 181 | 123 | | 11 | | 66.48 | Bob Jack | BD | M 50 | 12 |
| 182 | | 59 | | 15 | 67.48 | Sarah Renforth | BD | F 35 | 15 |
| 183 | | 60 | | 14 | 67.57 | Susie Smith | BD | F 20 | 6 |
| 184 | | 61 | | 13 | 68.14 | Lisa Rayner | BD | F 35 | 16 |
| 185 | 124 | | 10 | | 68.14 | Chris Warman | BD | M 40 | 21 |
| 186 | | 62 | | 12 | 69.11 | Alison Rogers | BD | F 45 | 9 |
| 187 | | 63 | | 11 | 69.25 | Jennie Grimwood | NS | F 55 | 6 |
| 188 | | 64 | | 10 | 69.27 | Nikki Hunting | BD | F 20 | 7 |