

SUFFOLK WINTER CROSS COUNTRY LEAGUE 2010/11

FRAMLINGHAM SENIORS

O/L	POSITION		POINTS		TIME	RUNNER NAME	CLUB	INDIVIDUAL	
	M	F	M	F				CAT	POS
1	1		164		25.30	Matt Barnes-Smith	IH	M 20	1
2	2		163		25.55	Kevin Murphy	PA	M 20	2
3	3		162		27.20	Carl Prewer	WV	M 40	1
4	4		161		27.51	Simon Gardiner	IH	M 20	3
5	5		160		27.54	Ross Fawcett	IH	M 17	1
6	6		159		28.15	Ben Caisey	IN	M 20	4
7	7		158		28.27	Colin Ridley	PA	M 45	1
8	8		157		28.40	Robert Cheverton	WV	M 50	1
9	9		156		28.56	Roger Stone	FE	M 40	2
10	10		155		29.17	Peter Golding	PA	M 50	2
11	11		154		29.21	Glynn Thomas	IH	M 45	2
12	12		153		29.27	Ian Keeble	ST	M 20	5
13	13		152		29.36	Nick Palmer	ST	M 20	6
14	14		151		29.54	Jonny Palmer	IH	M 20	7
15	15		150		30.00	Vince Coogan	NS	M 20	8
16	16		149		30.08	Jonny Mead	TH	M 17	2
17	17		148		30.13	John White	BD	M 45	3
18	18		147		30.20	Mark Pinney	FE	M 45	4
19	19		146		30.27	Kevin Vaughan	PA	M 45	5
20	20		145		30.36	Tim Byford	IH	M 17	3
21	21		144		30.41	Chris Starmer	ST	M 50	3
22	22		143		30.50	Ricky Peacher	FS	M 20	9
23	23		142		30.57	Joseph Kirton	TH	M 17	4
24	24		141		31.00	Seb Herrod	WV	M 20	10
25	25		140		31.01	Carl Marston	PA	M 40	3
26	26		139		31.03	Alan Dawson	PA	M 50	4
27	27		138		31.05	Jon Cushing	PA	M 20	11
28	28		137		31.13	Mark Bee	WV	M 20	12
29	29		136		31.16	Tim Fox	PA	M 20	13
30	30		135		31.23	Paul Sullivan	WV	M 40	4
31	31		134		31.37	Nick Stephens	ST	M 45	6
32	32		133		31.52	Chris Pimlott	WV	M 20	14
33		1		72	31.56	Natasha Belsom	ST	F 20	1
34	33		132		31.57	James Heath	WS	M 50	5
35	34		131		32.00	Julian Long	PA	M 20	15
36	35		130		32.01	John Waterson	PA	M 20	16
37	36		129		32.04	Paul Preston	NS	M 20	17
38	37		128		32.06	Nick Hammond	ST	M 20	18
39	38		127		32.10	Rhys Tyler	TH	M 20	19
40	39		126		32.10	Steven Neaves	ST	M 50	6
41	40		125		32.11	Dan Kinsman	FS	M 20	20
42	41		124		32.11	James Mackenzie	FS	M 17	5
43	42		123		32.22	Ker Macrosson	ST	M 55	1
44	43		122		32.36	Michael Jones	ST	M 20	21
45	44		121		32.48	Andy Buck	NS	M 45	7
46	45		120		32.52	Ian Milligan	WS	M 40	5
47	46		119		33.03	Steve Edwards	NS	M 45	8
48	47		118		33.05	Cliff Bailey	TH	M 50	7
49	48		117		33.08	Brian Munns	NS	M 45	9
50	49		116		33.28	Roger Ackerley	FS	M 50	8
51	50		115		33.38	Neil Catling	IN	M 20	22

52	51		114		33.39	Chris Cooke	PA	M 45	10
53		2		71	33.41	Nicky Brinkman	WS	F 35	1
54		3		70	33.48	Louise Hampshire	NS	F 20	2
55	52		113		33.55	Chris Chorley	BD	M 45	11
56	53		112		33.59	Andy Green	ST	M 40	6
57	54		111		34.01	Jonathan Cooper	TH	M 20	23
58	55		110		34.04	Robbie James	BD	M 20	24
59	56		109		34.07	Jason Taylor	FE	M 20	25
60	57		108		34.09	Steve Curran	FS	M 45	12
61	58		107		34.11	Alan Fairs	WV	M 40	7
62	59		106		34.12	Paul Shaw	FE	M 40	8
63	60		105		34.14	Chris Perry	PA	M 20	26
64	61		104		34.15	Mike Troup	PA	M 55	2
65	62		103		34.17	Steve Le Poidevin	PA	M 40	9
66	63		102		34.21	Rob Mackenzie	FS	M 45	13
67		4		69	34.25	Angie Joiner-Handy	IN	F 40	1
68	64		101		34.27	Neville Clarke	NS	M 55	3
69	65		100		34.30	Mark Ford	FE	M 40	10
70		5		68	34.35	Mary Narey	ST	F 40	2
71	66		99		34.41	Phil Bower	TH	M 50	9
72	67		98		34.52	Lee Sole	WS	M 40	11
73	68		97		34.57	Chris Jones	FS	M 50	10
74	69		96		34.59	Chris Seymour	ST	M 40	12
75	70		95		35.01	Jonathan Comyn	WV	M 20	27
76		6		67	35.02	Amanda Henry	NS	F 35	2
77		7		66	35.24	Lynn Emmett	BD	F 40	3
78	71		94		35.25	Neil Gillingham	IH	M 20	28
79	72		93		35.30	David Vaughan	PA	M 55	4
80	73		92		35.35	Robin Belsom	ST	M 50	11
81	74		91		35.39	Joe Hornsey	BD	M 20	29
82	75		90		35.42	Kenny Tovell	FS	M 40	13
83	76		89		35.44	Samuel Burdett	ST	M 20	30
84		8		65	35.52	Ursula White	NS	F 35	3
85	77		88		35.56	Sam Harrison	PA	M 20	31
86	78		87		35.56	Richard Nash	ST	M 20	32
87		9		64	36.05	Lucy Tyler	TH	F 20	3
88	79		86		36.13	Clive Quantrill	IN	M 40	14
89	80		85		36.22	Peter Mills	ST	M 55	5
90	81		84		36.33	Steve Brooke	FE	M 40	15
91	82		83		36.34	Ollie Minns	OP	M 17	6
92	83		82		36.34	Bryan Reid	PA	M 40	16
93	84		81		36.36	Greg Marshall	FS	M 55	6
94	85		80		36.37	Christian Pawsey	FS	M 40	17
95	86		79		36.40	Nigel Herrod	WV	M 50	12
96	87		78		36.42	Steve Gray	ST	M 50	13
97	88		77		36.45	Ian Gooderham	PA	M 40	18
98	89		76		36.49	Stephen Williams	PA	M 55	7
99	90		75		36.52	Gary Howe	TH	M 40	19
100	91		74		37.00	Russell Breyer	IN	M 45	14
101	92		73		37.03	Ian Mace	FS	M 50	14
102	93		72		37.06	Darren Lee	ST	M 45	15
103	94		71		37.14	Paul Hornsey	WS	M 45	16
104		10		63	37.14	Michelle Gordon	FE	F 20	4
105		11		62	37.31	Nicki Ramsey	IN	F 20	5
106		12		61	37.35	Gail Pryke	NS	F 50	1
107	95		70		37.38	Darrell Oldman	BD	M 45	17

108	96	69	37.41	Angus Westorn	FS	M 20	33
109	97	68	37.42	Ron Ames	ST	M 60	1
110	98	67	37.44	Alex Weatherley	FE	M 20	34
111	99	66	37.48	Jeff Agricole	WS	M 45	18
112	100	65	37.51	Stephen Shaw	FE	M 40	20
113	101	64	37.53	Kevin Booth	WV	M 45	19
114	102	63	37.53	Mark Watts	PA	M 45	20
115		13	60	Laura Thomas	IH	F 17	1
116		14	59	Kate Beach	FE	F 20	6
117		15	58	Haley Suttle	ST	F 45	1
118	103	62	37.57	Tony Maclean	FS	M 40	21
119	104	61	37.59	Brian Wright	TH	M 55	8
120	105	60	38.03	Logan Mair	IH	M 40	22
121	106	59	38.04	Richard Dolman	TH	M 45	21
122	107	58	38.04	Lee Bowker	IH	M 20	35
123	108	57	38.10	Tony Cantle	TH	M 50	15
124	109	56	38.12	Chris Cook	PA	M 60	2
125		16	57	Charmaine Geraghty	ST	F 35	4
126		17	56	Laura Hicks	ST	F 20	7
127		18	55	Abi Paton	ST	F 20	8
128	110	55	38.33	Fred Boggis	FS	M 50	16
129	111	54	38.41	Robin Phillips	FE	M 55	9
130	112	53	38.49	Stewart Hambling	FS	M 40	23
131	113	52	38.53	Mark Kendall	FS	M 50	17
132		19	54	Sirrka Love	NS	F 55	1
133	114	51	39.09	Roly Shaw	BD	M 50	18
134		20	53	Helen Hornsey	BD	F 20	9
135	115	50	39.31	Jason Beeton	NS	M 20	36
136	116	49	39.43	Peter Bird	PA	M 20	37
137	117	48	39.45	Richard Higgins	FS	M 45	22
138	118	47	39.48	Wayne Tilbury-Carter	FS	M 20	38
139	119	46	39.49	Dave Watt	ST	M 50	19
140	120	45	39.59	Tony Burdett	ST	M 45	23
141	121	44	40.03	Dave Fox	FE	M 50	20
142	122	43	40.05	Steve Oldman	BD	M 45	24
143	123	42	40.08	Stuart Abbott	FS	M 20	39
144	124	41	40.14	Steve Seinet-Martin	FE	M 50	21
145		21	52	Emma Burroughs	IH	F 17	2
146	125	40	40.21	Christopher Gay	GY	M 45	25
147		22	51	Sarah Vick	FS	F 40	4
148	126	39	40.25	David Gilbert	BD	M 45	26
149	127	38	40.30	Peter Lennard	IN	M 50	22
150		23	50	Carol Fowles	ST	F 45	2
151		24	49	Bobbie Sauerzapf	BD	F 50	2
152	128	37	40.49	Ryan Edwards	PA	M 20	40
153	129	36	41.06	Adam Ramsey	IN	M 20	41
154		25	48	Sarah Bradley	WV	F 45	3
155	130	35	41.40	Ian Chapman	PA	M 20	42
156	131	34	41.43	David Punt	BD	M 55	10
157		26	47	Becky Peck	FS	F 40	5
158		27	46	Ann Millett	WV	F 50	3
159		28	45	Elise Mann	WV	F 35	5
160		29	44	Caroline Anderson	NS	F 35	6
161		30	43	Mel Roberts	FS	F 50	4
162	132	33	42.30	Keith Borrett	ST	M 55	11
163		31	42	Maria Hamersoo	PA	F 20	10

164	133		32		42.34	Bob Paul	BD	M 55	12
165		32		41	42.41	Sarah Golding	PA	F 45	4
166	134		31		42.48	Neil Thomas	BD	M 40	24
167		33		40	42.50	Mary Skelcher	IN	F 40	6
168	135		30		42.56	Bruce Rayner	BD	M 50	23
169		34		39	43.08	Sue Garrod	ST	F 45	5
170	136		29		43.30	Dave Coley	FE	M 60	3
171	137		28		43.37	Robert Shaw	NS	M 45	27
172		35		38	43.40	Sharon Harrison	PA	F 40	7
173		36		37	43.51	Mandy Bunn	WS	F 40	8
174		37		36	44.08	Joanne Marshall	FS	F 50	5
175		38		35	44.11	Annabel Bennett	FE	F 45	6
176	138		27		44.19	Les Basham	ST	M 60	4
177		39		34	44.23	Shona Bendix	BD	F 40	9
178		40		33	44.31	Kate Tucker	IN	F 20	11
179		41		32	44.37	Dawn D'Amarco	WS	F 35	7
180	139		26		44.43	Rob Adam	WS	M 40	25
181	140		25		44.48	Tony Millett	WV	M 55	13
182	141		24		45.06	Tim Finnegan	FE	M 45	28
183		42		31	45.26	Christine Muttitt	BD	F 60	1
184	142		23		45.33	Mike Munson	ST	M 55	14
185	143		22		45.53	Andy Bond	ST	M 60	5
186	144		21		45.58	David Chapman	NS	M 50	24
187	145		20		45.59	Dave Songhurst	FE	M 60	6
188		43		30	46.06	Anne Fish	ST	F 60	2
189		44		29	46.11	Dawn Pretty	FS	F 45	7
190		45		28	46.21	Judy Potter	BD	F 60	3
191	146		19		46.51	Tony Fuller	IH	M 55	15
192	147		18		47.03	Jim King	ST	M 65	1
193		46		27	47.11	Sara Bloor	FS	F 40	10
194		47		26	47.11	Marion Walker	FS	F 55	2
195		48		25	47.11	Michaela Bailey	FS	F 40	11
196		49		24	47.11	Miki Bloomfield	FS	F 40	12
197	148		17		47.15	Chris Lucas	FS	M 45	29
198	149		16		47.21	Malcolm Hogarth	ST	M 50	25
199		50		23	47.31	Marion Parker	FE	F 45	8
200	150		15		47.32	David Pimlott	WV	M 60	7
201		51		22	47.33	Julie Myhill	BD	F 40	13
202		52		21	47.36	Jenny Jarrett	FE	F 45	9
203		53		20	47.41	Jemma Neesham	BD	F 20	12
204	151		14		47.55	Mike Sales	NS	M 40	26
205		54		19	48.10	Dee St Leger	NS	F 45	10
206		55		18	48.21	Angela Burdett	ST	F 40	14
207		56		17	48.52	Kate Beer	ST	F 40	15
208		57		16	49.19	Sarah Pennock	NS	F 20	13
209	152		13		49.25	Michael Saville	ST	M 45	30
210		58		15	50.01	Cathy Lambert	PA	F 40	16
211		59		14	50.14	Karen Waters	BD	F 40	17
212	153		12		50.38	Dave Lines	BD	M 40	27
213		60		13	51.18	Sue Hargadon	IN	F 50	6
214		61		12	51.29	Tina Monaghan	WS	F 35	8
215		62		11	52.02	Jo Dickinson	FE	F 40	18
216		63		10	56.17	Tracy Mayne	WV	F 40	19
217	154		11		56.31	Craig Palmer	DI	M 17	7
218	155		10		56.54	Kieran Jessop	DI	M 17	8
						Robert Shaw	FS	M 55	
						Non-scorer			