

# Waveney Valley Athletics Club

Mutford Relay Individual Prizes – 13 July 2008

## **Awards for Fastest Lap (men):**

Senior Man	Kevin Murphy (16:12)
Vet 40+	David Reed (16:40)
Vet 50+	Alan Dawson (17:35)
Vet 60+	Mike Spragg (20:33 )

## **Awards for Fastest Lap (ladies):**

Senior Woman	Tamara Jordan (18:12)
Vet 35+	Lynn Emmett (19:48)
Vet 45+	Maureen McCarthy (20:48)
Vet 55+	Pauline Norman (22:19)